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Santé Diabète's annual reports are available at: www.santediabete.org Editorial staff: Nina Tousch / Moïse Nguemeni / Stéphane Besançon / Translation: Amina Taguirov Photographs: ©Adrien Bitibaly / ©John Kalapo / ©Madelene Cronje Graphic design and layout: ©Sandra Derichs - Social & graphic



MESSAGE FROM THE PRESIDENT

David Hacquin - President of the NGO Santé Diabète

Remaining close to those that are fighting to improve their lifestyle conditions within their countries is a necessity when it comes to solidarity.

More than a century after the discovery of insulin, access In Mali, Burkina Faso, and the Union of the Comoros, to quality care and treatment for people living with diabetes remains a real struggle - particularly in Africa. Globally, 589 million adults are currently living with diabetes, and in 2024, the disease was responsible for the information and support for people living with diabetes. deaths of 3.4 million adults.

In this context, Santé Diabète has been working patiently announcement of the decrease of the French deveand tirelessly for nearly 25 years to meet the challenges of strengthening prevention, therapeutic education, early detection, and diabetes care in countries where cal stability and the degradation of security in Mali and public policies and health systems remain fragile.

tions, foundations, and donors who place their trust in comes to solidarity. us, more than 90,000 people at risk have been screened, over 2,500 healthcare professionals have been trained, and more than 25,000 people with type 2 diabetes and 1,700 children with type 1 diabetes have gained access to quality care.

In 2024, Santé Diabète entered the cruising phase of its main program. At the heart of its efforts is the strengthening of the role and presence of local actors - particularly those from civil society - in prevention, patient support, and advocacy within their countries, to promote health policies and systems that better address chronic diseases, including diabetes.

more than 13 prevention houses are now open to the public. In parallel, networks of peer educators are being developed to provide high-quality, community-based

We were able to maintain our action, despite the lopment aid, the diplomatic tensions, the cease of the cooperation between France and Mali, the lack of politi-Burkina Faso.

Over the past four years, in the three main countries Within such incertain and fragile contexts, remaining where we operate - Mali, Burkina Faso, and the Union close to those that are fighting to improve their lifestyle of the Comoros - and thanks to the support of institu- conditions within their countries is a necessity when it

WHO WE ARE



Santé Diabète is a non-governmental organisation founded in 2001 to address two urgent issues: the lack of access to care for people living with diabetes in Africa as well as the lack of interest regarding these issues by development actors.

It was first present in Mali, and then developed its actions in Burkina Faso, in Senegal (up until 2018), in the Union of the Comoros as well as in France, where the NGO's headquarters are located, along with permanent teams in each country.

WHAT WE DO

OUR FIELDS OF EXPERTISE



PRIMARY PREVENTION

Urbanisation, changes in dietary habits, lack of physical activity...Overweight and obesity affect more and more people in Africa (15% of women of childbearing age are affected by obesity). Raising awareness among people and promoting healthy behaviours to prevent diabetes risk factors, is at the heart of our actions.



STRENGTHENING OF HEALTHCARE

To guarantee quality care for diabetes and its complications, we work to strengthen the health systems. This includes the training of qualified professionals, and the improvement of infrastructures and access to care, even within secluded zones of our countries of intervention.



HUMANITARIAN RESPONSE FOR DIABETES

Equal access to care is essential, even during periods of crisis. We support vulnerable people, such as the ones who live in the regions of the North of Mali. We also bring continuous aid to children affected with type 1 diabetes within our different countries of intervention, to supply them with free-of-charge insulin which they need, in partnership with the international Life For a Child program.



RESPONSES TO SANITARY CRISES

During sanitary crises, we work to protect people living with diabetes. During the Covid-19 pandemic, we deployed a plan of ambitious response in Mali and Burkina Faso.



THERAPEUTIC EDUCATION

Diabetes being a chronic disease, it is essential that patients become autonomous in its management. We train healthcare professionals to therapeutic education so that patients can better manage their daily lives with diabetes, while also preventing complications.



ACCESS TO MEDICATION

The limited availability of treatments as well as their high cost, represent a major challenge in Africa. We collaborate with health authorities so that essential medication can be made accessible to patients.



STRENGTHENING OF THE CIVIL SOCIETY

Local associations of patients and healthcare professionals play a key role in the fight against diabetes. We help them structure themselves, strengthen their capacities and become major actors of advocacy and community mobilisation.



SUPPORT TO PUBLIC HEALTH POLICIES

To include prevention and care for diabetes in a long-lasting way within national policies, we work in partnership with governments in order to strengthen national strategies.



CITIZENSHIP AND INTERNATIONAL SOLIDARITY EDUCATION

Through the prism of diabetes, we raise awareness among the public in France, regarding the stake of health in Africa, especially since it's linked to nutritional transition, sedentarity and obesity. We do so by advocating for a better recognition of this issue in policies of international development.



DEGREE TRAININGS IN ENDOCRINOLOGY AND DIABETOLOGY

To support the health system, we developed two degree trainings in partnership with the University of Sciences, Techniques and Technologies of Bamako in Mali. Two course programs are open to doctors: one Diplôme d'Etudes Spécialisées (DES) in endocrinology, metabolic diseases and nutrition (4 years) and one Diplôme Universitaire (DU) in diabetology (1 year). These two degrees were first only available on a national scale and they're now regionally open to several partner countries such as Senegal, Benin, Guinea, Burkina Faso.



We raise awareness among the lessors and the ones that are in charge of international funds regarding the urgency of including diabetes in global public health policies. Being a partner of the WHO, we actively contribute to the coordination of efforts regarding non communicable diseases, with a focus on diabetes.



RESEARCH

While carrying on with our activities on the field, we collect key data to improve the care for diabetes within contexts of limited resources. These data feed the research projects that were carried along with international institutions and enable the development of adequate solutions to local realities

OUR ONGOING PROGRAMS

	Mali	Burkina Faso	Union of the Comoros	France	(international
Primary prevention	4	4	4	4	
Strengthening of healthcare	4	4	4		
Humanitarian response for diabetes	4	4	4		
Therapeutic education	4	4	4		
Access to medication	4	4	4	4	4
Strengthening of the civil society	4	4	4		
Support to public health policies	4	4	4	4	
Citizenship and international solidarity education				4	
Diploma courses in endocrinology and diabetology	4	4	4		
Advocacy	4	4	7	4	4
Research	4	4	4		4

OUR PROJECTS

The 2023-2026 Programmation

This programmation aims to improve the quality of life and the health of people living in Mali, Burkina Faso and the Union of the Comoros. It will achieve this by consolidating the place and the role of the civil society (associations of patients and healthcare professionals), within a multi-actor network centered around diabetes to improve the prevention, the care as well as the support of people affected by this disease.

It also aims to promote the use of expertise in the North that was originally developed in the South. It aims to achieve this by developing an advocacy pole in France, at the headquarters of Santé Diabète. Finally, it enables the continuity of the strengthening of the governance and the organisation of the NGO.

The goal of this three-year program is to continue strengthening political and strategic frameworks that include the fight against diabetes and the health system, in order to train more specialists and general practitioners. This will help improve care for people living with diabetes, while also continuing efforts to ensure both geographic and financial access to diabetes treatments, particularly insulin. By supporting the structuring of Diabetes Prevention Houses in each country of intervention, Santé Diabète contributes to strengthening prevention efforts, improving care and support for people living with diabetes and those at risk, while also guiding civil society towards greater autonomy.

Although this program is implemented in Burkina Faso, the Union of the Comoros, and Mali, specific objectives have been defined for each country based on the needs identified in collaboration with national implementation partners.

In Mali, this program is supported by two main partners: the World Diabetes Foundation (WDF) and Helmsley Charitable Trust. It has also gained the support of other international partners such as the Life For A Child program, Health Action International and the NCD Policy Lab.

游 Our objectives in Mali

In Burkina Faso and in the Union of the Comoros, this program is supported by three main partners: the Agence Française de Développement (AFD), the World Diabetes Foundation (WDF) and Helmsley Charitable Trust. It also gained the support of international partners such as the City of Grenoble (Mairie de Grenoble) and the Life for A Child program.

游 Our objectives in Burkina Faso

於 Our objectives in the Union of the Comoros

In France, this program is supported by the Agence Française de Développement and the City of Grenoble.

於 Our objectives in France

Second Phase of the Diabetes, HIV, and Tuberculosis Comorbidities Prevention and Care Project (2021-2025)

This project builds on a previous innovative three-year initiative aimed at integrating the prevention and care of comorbidities - specifically diabetes, HIV, and tuberculosis - in Burkina Faso and Mali. The new phase will continue in these two Sub-Saharan African countries and will also expand its reach to include the Union of the Comoros in the Indian Ocean. In Mali, the previous phase of the project concluded on September 30, 2023.

This new project, which is about to be wrapped up, enables: At the scale of public policies and national strategies: The definition of standards and detailed procedures based on healthcare professional curricula, along with the development of related technical documents; The acknowledgment of comorbidities in the upcoming conceptual notes of the country. Finally, the project also aims to strengthen the knowledge and capacity of the Country Coordination Mechanism (CCM) on these issues.

At the operational level, the project ensures the continuation of strengthening healthcare professionals involved in managing diabetes, tuberculosis, and HIV, complemented

by field supervisions that reinforce theoretical training sessions. It also extends community prevention actions led by networks of trained Patient Peer Educators in both countries, alongside increased mobilization of civil society and patient organizations. Additionally, it reinforces therapeutic education strategies adapted to comorbidities, building on those developed during the previous project.

In Mali, this program was supported by the Initiative until the suspension of French funding in November 2022, and subsequently by the Global Fund from November 2022 until December 31, 2023.

於 The results of the "Comorborbidities" project in Mali, in 2023

In Burkina Faso and in the Union of the Comoros, this program is supported by the Initiative.

於 Our objectives in Burkina Faso

学 Our objectives in the Union of the Comoros



STRENGTHENING OF PUBLIC HEALTH POLICIES

SANTÉ DIABÈTE, A KEY PARTNER IN THE STRENGTHENING OF NATIONAL POLICIES THAT INCLUDE THE FIGHT AGAINST DIABETES.

POLICIES OF FIGHT AGAINST NON-COMMUNICABLE DISEASES (NCDs)

For several years, Santé Diabète has played a key role in supporting the revision and strengthening of national policies for the prevention and control of non-communicable diseases (NCDs), and particularly national strategies for diabetes care in the Union of Comoros, Mali, and Burkina Faso.

In 2024, Burkina Faso completed the process leading to the adoption of its National Strategic Plan for the Prevention and Control of NCDs (2024–2028), with technical support from Santé Diabète.

That same year, Mali and the Union of Comoros began, with the technical and financial support of Santé Diabète, a comprehensive evaluation of their NCD policies from the past five years, to inform the development of new five-year strategic frameworks. As a result, the Union of Comoros finalized its National Strategic Plan for the Prevention and Control of Diabetes (2025–2029), while Mali completed the drafting of its new National Policy for the Prevention and Control of NCDs (2025–2029). The final validation and dissemination of these documents are scheduled for early 2025 in both countries.

SUPPORT TO THE INTEGRATION OF DIABETES WITHIN OTHER HEALTH POLICIES IN BURKINA FASO

Ever since 2024, Santé Diabète has been actively contributing to the Comité d'Orientation et de Suivi de la Gratuité des Soins et du Financement de la Santé (COS/GFS) in Burkina Faso. The NGO has been advocating for the inclusion of diabetes in the upcoming care basket of the Universal Health Coverage (UHC), while taking part in the definition of essential services, in the estimation of costs and in the elaboration of an advocacy document which takes into account the budgetary constraints of the country. This work, which was led in close collaboration with national authorities, aims for an effective integration of diabetes in the policies of social protection of the country, before 2025.

In parallel, Santé Diabète provided technical support to the Ministry of Health for the development of a "self-care" service package, contributing to the revision and creation of educational materials aimed at promoting patient self-management. This initiative seeks to enhance individual autonomy, particularly in areas with limited access to healthcare, while also easing the burden on the health system.

INTEGRATION OF DIABETES/ TUBERCULOSIS AND DIABETES/HIV WITHIN THE DOCUMENTS OF NATIONAL REFERENCE AND IN THE GLOBAL FUND GRANTS

An analysis of national policy documents related to HIV, diabetes, and tuberculosis revealed that comorbidities, specifically diabetes/tuberculosis and diabetes/HIV, were insufficiently addressed in Burkina Faso, Mali, and the Union of the Comoros. In response to this gap, Santé Diabète identified the need to advocate for the integration of these comorbidities into national reference frameworks.

Building on progress made in previous years in Mali and Burkina Faso, Santé Diabète provided both financial and technical support in 2024 to national programs to ensure the inclusion of diabetes/HIV and diabetes/tuberculosis comorbidities in their respective strategic plans. This included support for the National Strategic Plan for the Fight against HIV (2024–2028) and technical assistance for the National Strategic Plan for the Fight against Tuberculosis (2023–2027).

The Global Fund to Fight AIDS, Tuberculosis and Malaria, established in 2002, is a major funding mechanism aimed at accelerating the fight against these three pandemics while strengthening health systems in the most affected countries. This support is provided through grants allocated to each country.

Thanks to advocacy efforts carried out at various levels, including patient associations, the Country Coordination Mechanism (CCM), and Ministries of Health, with the support of Santé Diabète, Burkina Faso, Mali, and the Union of the Comoros successfully recommended the inclusion of diabetes/tuberculosis and diabetes/HIV comorbidities in their Global Fund grants for the 2025–2027 period.



STRENGTHENING OF THE PREVENTION

TRAINING OF THE TEAMS OF SANTE DIABETE AND OF THE COORDINATORS OF THE PREVENTION HOUSES

This training was the result of a collaboration between the team of Santé Diabète and the University of Patients. It took place at the end of January 2024 in Geneva and has enabled the establishment of a common educational framework for the teams of Santé Diabète and the coordinators of the Houses of Prevention is Mali, Burkina Faso and the Union of the Comoros. This training, which was created to enable the development of the capacities of the participants coming from all three countries, combines tools of health education, animation techniques and methods of support that are centered on people that present risks of developing diabetes as well as patients. This basis of skills constitutes the starting point for the strengthening of the peer educators in each country. Those peer educators play a key role in the strategy of community prevention that was implemented by Santé Diabète and the associations that are partnering with it, in all three countries, both inside and outside of the Prevention Houses.

66 Since the training, we have understood that nothing should be imposed: it is the patient who decides, and we move forward together. This approach has strengthened our understanding of patients, our trust, and the credibility of the House, which has naturally led to increased attendance through word of mouth. ??

Aminata Diarra, coordinator of the Prevention Houses in Mali





My training in therapeutic education in Geneva has been very rewarding. It strengthened my capacities of animation and communication with patients. I feel more comfortable now when it comes to assisting them, whether individually or in groups. I also feel better equipped for supporting the Patients Peer Educators in the House of Prevention.

Anziza Ali Said, coordinator of the Prevention Houses in the Union of the Comoros

EThis training has allowed me to develop greater empathy for people with diabetes risk factors and to better support them in expressing their daily challenges and finding solutions to reduce those risks. It has also helped strengthen the appeal of the House of Prevention, where visitors leave satisfied with the conversations and information they receive. *J

Augustine Kaboré, coordinator of the Prevention Houses in Burkina Faso



STRENGTHENING OF THE PREVENTION

Opening of regional prevention houses

Launched in 2021, the Diabetes Prevention Houses are now operating in the capital cities of Mali, Burkina Faso, and the Union of the Comoros. These structures play a key role in raising awareness and preventing diabetes, hypertension, and comorbidities such as diabetes/HIV and diabetes/tuberculosis. They are managed by patient associations in each of the three countries, with the support of the NGO Santé Diabète, and are run by multidisciplinary teams.

Each year, these houses train peer educators who lead prevention activities both within the Houses and in the broader community, among at-risk populations, people living with diabetes, during prenatal consultations, and in schools.

Building on its strong experience in Mali, where regional Prevention Houses had already been opened in Kayes, Sikasso, Ségou, and Timbuktu, and thanks to the continued commitment of partner teams and associations, the initiative expanded in 2024 with the launch of **six new Regional Prevention Houses: four in Burkina Faso** (in the regions of Tenkodogo, Bobo-Dioulasso, Manga, and Koudougou) and **two in the Union of the Comoros** (on the islands of Mohéli and Anjouan).

These new structures strengthen the presence of patient associations in the regions and across the Comorian islands, enabling an expansion of primary prevention efforts.



Beginning of the mission of the manager of the new Prevention House of diabetes (dressed in blue) at Bobo-Dioulasso, in Burkina Faso.



Mrs Diancoumba is raising awareness to diabetes among her relatives, from home.

STRENGTHENING OF THE NETWORKS OF PEER EDUCATORS: RECRUITMENT AND TRAINING

PREVENTION OF DIABETES RISK FACTORS

Following the expansion of the Prevention Houses and our efforts to prevent diabetes risk factors, we strengthened our networks of peer educators in 2024. This involved a rigorous process of selection, training, and evaluation, resulting in the recruitment of 94 new peer educators: 30 in Burkina Faso, 35 in Mali, and 29 in the Union of the Comoros. These key actors play an essential role in raising awareness and supporting individuals through the implementation of various prevention activities.

66 I am a peer educator. My mission is to spread information among others and to prevent this disease. **77**

Mrs Diancoumba lives with type 2 diabetes and organises activities of awareness raising within her community in Mali.

PREVENTION OF THE DIABETES/HIV AND DIABETES/TUBERCULOSIS COMORBIDITIES

Training sessions were organized for peer educators responsible for conducting prevention activities related to the diabetes/tuberculosis and diabetes/HIV comorbidities in Burkina Faso and in the Union of the Comoros. In Burkina Faso, 26 peer educators were trained in July 2024. In the Union of the Comoros, 13 peer educators attended the training that took place in February 2024 and 26 peer educators were trained in July 2024. These trainings strengthened the capacities of peer educators, which in turn improved the quality of the prevention activities carried out in both countries.

ACTIVITIES OF PREVENTION OF RISK FACTORS OF DIABETES AND OF DIABETES/HIV AND DIABETES/TUBERCULOSIS COMORBIDITIES THAT ARE LED BY PEER EDUCATORS

WITHIN PREVENTION HOUSES

A tool was elaborated to enable each person that walks into the Prevention house to evaluate their capacities. This evaluation helps identify individual needs and guides them toward the most appropriate workshop offered within the House. These workshops include: prevention of diabetes and its risk factors, the benefits of physical activity, nutrition and health, blood pressure management, weight management, tobacco use assessment, and the prevention and care of gestational diabetes.

In 2024, peer educators held **593 workshops on the prevention of diabetes risk factors**, reaching a total of **2,016 people**. The breakdown is as follows:

- Mali: 182 workshops in the Prevention Houses → 735
 people made aware
- Burkina Faso: 216 workshops in the Prevention Houses
 → 1,058 people made aware
- Union of the Comoros: 195 workshops in the Prevention Houses → 223 people made aware



Training of peer educators that are organising activities to raise awareness on diabetes and comorbidities in Burkina Faso

OUTSIDE OF THE PREVENTION HOUSES

ACTIVITIES OF PREVENTION OF DIABETES RISK FACTORS WITHIN THE COMMUNITY

Peer educators lead community-based prevention sessions using a specially designed image box developed specifically for this activity.

In 2024, peer educators conducted **1,721 awareness-raising** sessions on diabetes and its risk factors, reaching a total of **15,209 people**. The breakdown is as follows:

- Mali: 474 in the communities → 4,287 people made aware
- Burkina Faso: 845 in the communities → 7,051 people made aware
- Union of the Comoros: 402 in the communities → 3,871 people made aware

ACTIVITIES TO RAISE AWARENESS ON GESTATIONAL DIABETES

Gestational diabetes constitutes a growing concern when it comes to maternal health. According to the 2025 Atlas of Diabetes, one birth out of seven is affected by hyperglycemia during the pregnancy. It is therefore essential to raise awareness to not only gestational diabetes but also type 2 diabetes among pregnant women for which the risk is greater. To help prevent complications and share accurate information, peer educators lead workshops during prenatal consultations using the image box mentioned earlier. In 2024, 668 sessions of awareness raising enabled to inform 7,638 women in all three countries, among which 297 in Mali, 255 in Burkina Faso and 116 in the Comoros. This represents 3,159, 3,095 and 1,384 women.

ACTIVITIES TO RAISE AWARENESS ON THE PREVENTION OF DIABETES WITHIN ELEMENTARY SCHOOLS

Our peer educators also intervene in elementary schools to encourage younger generations to adopt more diverse, local, and healthy eating habits. This begins with the training of the schools' educational staff, in preparation for the workshops.



STRENGTHENING OF THE PREVENTION

Training

- In Mali: Teachers and school principals from Bamako and the regions of Kayes, Sikasso, Ségou, and Timbuktu were trained in December 2023, in preparation for the educational workshops to be conducted in their classrooms.
- In Burkina Faso: Primary schools in Ouagadougou, Bobo-Dioulasso, Manga, Tenkodogo, and Ziniaré participated in the training. A total of 28 teachers, 28 school principals, 10 inspectors, 14 facilitators, and 3 representatives from the Ministry of Health, the Provincial Directorate, and the General Directorate for Access to Formal Education were trained.
- In the Union of the Comoros: Training sessions were held in primary school classrooms across the country's three islands. The training involved 6 teachers, 3 school administrators, 3 association-based facilitators, 1 representative from the regional Ministry of Education (the Mohéli inspectors' coordinator), and 1 facilitator responsible for NCDs within the Regional Health Directorate of Mohéli.

Workshops

After training teachers and education professionals, a cycle of three workshops was held in each of the 98 classrooms involved (36 in Mali, 32 in Burkina Faso, and 30 in the Union of the Comoros). These workshops used educational tools developed by Santé Diabète, including the booklet "Une journée avec Ami et Bouba" and awareness-raising posters.

In 2024, 5,611 students were made aware: 1,857 students in Mali through 109 workshops, 2,785 in Burkina Faso through 114 workshops and 951 in the Union of the Comoros through 90 workshops.



Session of awareness raising to diabetes, in a primary school with the "Ami et Bouba" booklet in the Union of the Comoros

ACTIVITIES TO RAISE AWARENESS TO DIABETES/HIV AND DIABETES/TUBERCULOSIS COMORBIDITIES

In parallel with its diabetes prevention efforts, the NGO Santé Diabète also implements prevention activities targeting comorbidities linked to diabetes, particularly HIV and tuberculosis. Preventing and treating these comorbidities through an integrated approach is essential to ensuring comprehensive and effective care.

In this context, a network of peer educators was specifically trained to conduct awareness-raising sessions, supported by tailored educational tools, including image boxes.

In 2024, a total of **1,043 diabetes prevention workshops were** held for people living with HIV: **1,010** in Burkina Faso, reaching **12,344 individuals**, and **33** in the Union of the Comoros, reaching **57 individuals**.

Additionally, **858 HIV/tuberculosis prevention workshops** targeting people living with diabetes were conducted: **567** in Burkina Faso, informing **5,357 individuals**, and **291** in the Union of the Comoros, informing **914 individuals**.

To improve the quality of these comorbidity-focused prevention workshops led by peer educators, regular educational supervisions were implemented. These sessions provide ongoing support to strengthen and reinforce peer educators' capacities.

Screening of diabetes, high blood pressure and their risk factors

This activity allows for the organization of screening campaigns for diabetes, high blood pressure, and their associated risk factors. The strong community turnout also enables peer educators to conduct multiple awareness-raising sessions on diabetes using their image box.

In 2024, a total of **107 free screening days** were organized, which led to the detection of:

- 6,410 people in Mali
- 8,127 people in Burkina Faso
- 4,164 people in the Union of the Comoros



As part of a session of free screening in the Union of the Comoros, a patient peer educator is informing another patient of the stakes of a less fatty diet for a better prevention of diabetes and hypertension.

OUR IMPACT: OUR RESULTS IN 2024 STRENGTHENING OF THE PREVENTION

Prevention via media

A NETWORK OF JOURNALISTS COMMITTED TO THE FIGHT AGAINST DIABETES AND TO INFORMATION

Another primary prevention initiative led by Santé Diabète involves training a network of journalists who are knowled-geable and engaged in diabetes-related issues. These journalists work across print media, television, and radio. This network strengthens the dissemination of quality information about diabetes and prevention efforts, while also improving coverage of actions undertaken by Santé Diabète and its partners in the countries involved.

In 2024, the network comprised 75 journalists, 25 in Mali, 25 in Burkina Faso, and 25 in the Union of Comoros, who produced numerous articles, reports, and broadcasts. Here is an overview of their work:

- Mali: 15 press articles
- Burkina Faso: 1 report and 2 online articles
- Union of the Comoros: 14 press articles, 1 audio spot, 1 magazine article, and 11 radio and television reports

The best journalistic productions were recognized with awards, highlighting the dedication and efforts of these committed professionals.

COMMUNICATION FROM ASSOCIATIONS. IN THE MEDIA

In addition to the network of committed journalists, patient associations and healthcare professionals also played a key role in disseminating information. In 2024, they contributed significantly to raising awareness through various media channels:

- In Mali: 18 radio broadcasts and 7 television shows
- In Burkina Faso: 2 television shows and 8 radio broadcasts
- In the Union of the Comoros: 33 television shows, 29 radio broadcasts, and 2 radio reports

Celebration of World Diabetes Day (WDD)

World Diabetes Day (WDD) is celebrated each year on November 14, with activities extending throughout the entire month of November. This period represents a key moment for the NGO Santé Diabète and its partners in Mali, Burkina Faso, and the Union of the Comoros. In 2024, the theme set by the International Diabetes Federation, "Diabetes and Wellbeing", served as a guiding framework for the planning and implementation of awareness-raising activities.

IN THE UNION OF THE COMOROS

ORGANISATION AND COORDINATION

A national coordination committee was put in place, which involved: Santé Diabète, the Ministry of Health, the regional directions of health and the civil society. Five preparatory meetings enabled the validation of communication tools as well as the identification of screening sites.

OFFICIAL LAUNCH

The official launch of World Diabetes Day 2024 in the Union of the Comoros took place on November 19 at the Faculty of Sciences and Techniques of the University of the Comoros, under the supervision of the Secretary General of the Ministry of Health. The ceremony brought together numerous prominent figures, including the representative of the World Health Organization (WHO), the Chancellor of the University, the Prefect of the Central Region, the Mayor of Moroni, development partners, religious leaders, senior officials from the Ministry of Health, members of the media, students, and representatives of civil society. The event featured several key speeches, notably from the representative of the Ministry of Education, the WHO representative, the Secretary General of the Ministry of Health, and the coordinator of the NGO Santé Diabète.

COMMUNICATION AND AWARENESS-RAISING

- Materials produced: 7 banners, 500 posters, 450 t-shirts, 200 caps.
- Media outreach:
 - 6 online releases on social media.
 - 30 broadcasts of TV spots on ORTC (national public broadcaster),
 - 138 radio spots aired accross all three islands
- Press conference: Held on November 7, 2024, and hosted by the Director General of Health and the WHO NCD focal point, alongside other key stakeholders. The event saw the participation of several national media outlets.
- Television show: Aired on November 19, 2024, on ORTC, featuring an internist doctor, the coordinator of the Prevention House, and a peer educator.

EDUCATIONAL ACTIVITIES

Three conference-debates were organised as follows:

- Ngazidja (11/11): Lycée GSFA (100 participants)
- Mohéli (13/11): Lycée des Élites (100 participants)
- Anjouan (04/12): Lycée de Mutsamudu (150 participants)

The themes addressed during these conference-debates focused on risk factors, prevention, complications, dietary management, and the role of younger generations in providing support to people living with diabetes.

MOBILISATION OF THE COMMUNITY

- Collective marches:
 - Ngazidja (12/11): 300 participants
 - Mohéli (12/11): notable presence of the governor of the island
 - Anjouan (18/11): 250 participants

These marches aimed to promote physical activity as a pillar of diabetes prevention.

 An open house day was held at the Prevention House in Mohéli on November 17, offering the public an opportunity to learn more about diabetes prevention



STRENGTHENING OF THE PREVENTION

Ministry of Health, recognises the urgent need to act for a better management of diabetes in the Union of the Comoros. The 34th World Diabetes Day constitutes a key opportunity to lay the foundation of a true national and political fight against this chronic disease, which involves each and everyone of us and requires a collective commitment. *T

The General Secretary of Education of the Union of the Comoros, Saïd Soulé Saïd



Workshop of awareness-raising to nutrition organised during the open house days of the Prevention House at Mohéli

IN BURKINA FASO

ORGANISATION AND COORDINATION

A coordination committee was established jointly by the Ministry of Health, through the Directorate for the Prevention and Monitoring of Non-Communicable Diseases (DPCM), and the NGO Santé Diabète to oversee the organization of World Diabetes Day activities. The committee's objective was to bring together and coordinate all stakeholders involved in the fight against diabetes. The first preparatory meeting was held on September 12, 2024, and gathered representatives from Santé Diabète, the World Health Organization (WHO), the Lions Club, UNICEF, patient associations, and the DPCM. Following this meeting, five sub-committees were formed to address specific areas: technical planning, social communication and mobilization, fundraising, materials and logistics,

Three plenary sessions of the committee and four bilateral meetings between Santé Diabète and the DPCM facilitated the planning and implementation of the activities carried out during the celebration.

OFFICIAL CEREMONY

and catering.

The national celebration took place on November 14, 2024, at the Town Hall in Ouagadougou, under the presidency of the Minister of Health, Mr. Robert Lucien Kargougou, and the sponsorship of Mr. Maurice Konaté, President of the Special Delegation of the Municipality. The event brought together a wide range of stakeholders, including representatives from the World Health Organization (WHO), Santé Diabète, partner associations, students, patients, and members of civil society. The celebration began with a public march and an aerobics session accompanied by traditional djembé music. Four official speeches were delivered during the ceremony.

Congratulations to the Santé Diabète NGO for the remarkable work they provided in our country.
M. the Minister of Health of Burkina Faso, Robert Lucien Kargougou

COMMUNICATION AND MOBILISATION

A commercial spot was produced and broadcast five times on RTB, the national television channel. A press conference was held on November 12, attended by representatives from 11 media outlets, including two television stations, two print newspapers, and five online media platforms.

- 17 banners were installed in strategic points of the city,
- 250 T-shirts and 100 caps were distributed to the partners and the participants



M. Robert Lucien Kargougou during the traditional march against diabetes



STRENGTHENING OF THE PREVENTION

AWARENESS RAISING AND SCREENING

Screening sessions were held over three days targeting women from the Green Brigade and workers of the town hall. On November 14, a public conference took place around the theme "Diabetes and Well-Being", featuring a presentation by the Minister of Health and the testimony of a patient. The following day, November 15, a panel discussion was organized at Yalgado Hospital, the main diabetes care center, followed by a week-long screening campaign within the internal medicine department.

OPEN HOUSE DAY AT THE PREVENTION HOUSE

On November 15, the Prevention House in Ouagadougou hosted an open house event coinciding with the **20th anniversary of Santé Diabète**. The program included aerobics sessions, workshops led by a peer educator, a culinary workshop focused on healthy eating, and a speech by Stéphane Besançon, General Director of Santé Diabète, concluding with a convivial gathering.

IN MALI

ORGANISATION AND COORDINATION

Preparations for World Diabetes Day 2024 began in September with a meeting involving the General Directorate of Health and Public Hygiene, patient associations, and Santé Diabète. The organisation committee was updated to include two new members: the Coordination des Associations et ONG Féminines du Mali (CAFO) and the Jeune Chambre Internationale (JCI). To ensure effective coordination, the committee maintained three thematic sub-commissions: communication and social mobilization, fundraising, and logistics.

A total of eight preparatory meetings were held, including one at the Ministry office, enabling validation of communication tools, planning of awareness activities (radio, television, posters, conferences), drafting official speeches, and mobilizing funds with technical and financial partners.

This collective approach, supported by public institutions, civil society, and partners, aimed at fostering a coherent and effective national mobilization around diabetes prevention and care.

COMMUNICATION

Media campaigns featured a trailer broadcast three times on television and a radio microprogram aired six times in both French and Bambara, three days before the event. In total, ten shows were produced: three on television by the organizing committee, six on radio by patient organizations in the region, and one additional radio show by the committee. Interviews were also broadcast across radio, television, and print media.

Community-level actions were implemented with support from community leaders, CAFO, and traditional mobilizers, including canvassing campaigns, market workshops, and association interventions. These efforts notably reinforced mobilization around World Diabetes Day, especially in Bamako's popular neighborhoods.

ORGANISATION OF A NATIONAL PRESS CONFERENCE

Two days prior to November 14, a press conference gathered key health stakeholders, including representatives from the Ministry of Health, WHO, the Société Malienne d'Endocrinologie et Diabétologie (SOMED), and civil society. Santé Diabète provided a comprehensive press kit to journalists. This event resulted in numerous media outputs, with 13 press articles published following the conference.

OFFICIAL LAUNCH

The official launch of World Diabetes Day occurred on November 14 under the presidency of the Ministry of Health and Social Development representative, alongside health authorities and associations. The ceremony was preceded by a wide-reaching free screening campaign that reached 297 people. Key highlights of the event included institutional speeches, an awareness-raising sketch by the Association des Jeunes Diabétiques du Mali (AJDM), and the official handover of glycemic control materials to associations.



STRENGTHENING OF THE PREVENTION

DECENTRALISED ACTIVITIES THROUGHOUT NOVEMBER

World Diabetes Day activities continued across various regions of Mali, coordinated by FENADIM and other local organizations. Over a period of more than twenty days, awareness-raising and screening campaigns were conducted in multiple districts and communities, actively involving health-care professionals.

OPEN HOUSE DAY AT THE PREVENTION HOUSE

On November 30, the Diabetes Prevention House in Bamako hosted its official open house day. The event welcomed the public for screening sessions, educational presentations on prevention tools, supervised physical activities, educational games, and culinary demonstrations focused on the traditional "Malian plate." Over 200 participants attended this successful event.



The official launch ceremony of World Diabetes Day in Bamako was marked by speeches from institutional representatives. Pictured here is Moussa Bagayogo, our Administrative and Financial Director.



Free session of screening organised in Bamako during World Diabetes Day.



STRENGTHENING OF HEALTHCARE SERVICES

Training

DIPLOMA COURSES IN ENDOCRINOLOGY AND DIABETOLOGY

Santé Diabète has supported the establishment of two diplomas at the University of Sciences, Techniques and Technologies of Bamako, which also includes the Faculty of Medicine: a one-year University Diploma in Diabetology and a four-year full specialization diploma in Endocrinology.

In 2024, a total of 24 students were enrolled: 7 in the first year of specialized studies, 12 in the second year, and 5 in the university diploma program. Two intensive seminars dedicated to theoretical teaching were held throughout the year, complemented by practical training sessions, all preceding the end-of-year exams.

The first annual seminar for both the specialized studies and the diabetology diploma courses took place from November 8 to 11, 2024, at the Hospital of Mali. The second seminar was held from November 25 to 28, 2024. Organized in collaboration with Santé Diabète, these seminars brought together the 24 students for thematic presentations supervised by their instructors. The end-of-year assessment is scheduled for January 2025.

CONTINUING EDUCATION

NATIONAL SCIENTIFIC DAYS

As part of this three-year program, we support, in all three countries of intervention, the organisation of national scientific days on the management of diabetes (type 1 and type 2 diabetes as well as gestational diabetes). The first Scientific Day was held on July 20, 2024, in Mali, organized by the Malian Society of Endocrinology and Diabetology (SOMED) in close partnership with Santé Diabète. Dedicated to the theme "Diabetes and Dyslipidemia," the event brought together 97 healthcare professionals, including endocrinologists, diabetologists, hepato-gastroenterologists, cardiologists, obstetricians-gynecologists, pediatricians, general practitioners, internists, and medical interns - from Bamako and surrounding regions such as Kayes, Koulikoro, Sikasso, Fana, Koutiala, Ségou, Mopti, Douentza, and Tombouctou. Their participation was supported by scholarships awarded by the NGO.

TYPE 2 DIABETES AND GESTATIONAL DIABETES

E-TRAINING

The e-training initiatives launched in Mali in 2023 were extended to the Union of Comoros and Burkina Faso in 2024. In Mali, the activity continued with the development of five theoretical courses and five in-depth clinical case studies. These resources complement the ongoing training of health-care professionals managing diabetes across the country's 35 decentralized consultation centers.

DEPLOYMENT IN THE UNION OF COMOROS

Following a survey among healthcare professionals to identify their expectations and needs, eight theoretical themes were defined, with a strong emphasis on practical approaches. These themes include: management of the diabetic foot, updates on diabetes, diabetes prevention strategies, diet, prevention, diagnosis and management of diabetes in children, management of hyper- and hypoglycemia, physical activity, diabetes and pregnancy, and follow-up care for patients with diabetes and gestational diabetes.

Computer equipment was installed to support the training sessions, and the first two sessions, an introductory meeting and a session on diabetic foot care, were conducted via videoconference in December 2024. Led by Dr. Anssoufouddine Mohamed and Dr. Nousrati Ali Allaoui, these sessions brought together 32 participants. This initiative represents a major advancement in continuous diabetes education in the country.

DEPLOYMENT IN BURKINA FASO

In Burkina Faso, five priority themes were identified through a survey conducted among healthcare professionals: diabetes complications, disease management, comorbidities, therapeutic education, and psychological support. The e-training program is scheduled to begin in January 2025.

COMPANIONSHIPS OF HEALTHCARE PROFESSIONALS OF SECOND REFERENCE TRAINED ON DIABETES

Following the surveys conducted in 2023, Santé Diabète, in collaboration with specialists from SOMED, carried out supervision and training mentorship sessions for diabetes referent doctors across 12 regions of Mali (Kayes, Koulikoro, Ségou, Fana, Mopti, Sikasso, Sélingué, Koutiala, Bougouni, Gao, Kati, and Tombouctou).

These supervision missions involved on-site visits that combined meetings with local authorities and monitoring of diabetes management services. Quantitative and qualitative data were collected through questionnaires assessing the condition of facilities, availability of management equipment, therapeutic education tools, pharmacy supplies, and laboratory capacities. Joint consultation days were also organized to strengthen healthcare professionals' skills. These activities concluded with an oral presentation of findings and a final report signed by the Mayor and Prefect of each locality.

All regional mentorship programs were completed in 2024, with the final phase scheduled for 2025 in the capital city, Bamako.

The diabetes consultation mentorship initiative is planned to start in 2025 in the Union of the Comoros and Burkina Faso.

STRENGHTENING OF HEALTHCARE SERVICES

TYPE 1 DIABETES

TRAINING OF PEDIATRICIANS IN THE MANAGEMENT OF TYPE 1 DIABETES

As part of the ongoing efforts, a new phase of training was launched to expand the network of pediatricians skilled in managing type 1 diabetes.

In Mali, the objective is to increase the number of trained pediatricians from 10 to 15, while extending the program to 5 additional localities, ultimately establishing 15 decentralized functional consultation centers. To achieve this, three training sessions were organized in mid-2024, each gathering five pediatricians.

Training sessions for pediatricians in type 1 diabetes management are also scheduled for 2025 in Burkina Faso and the Union of Comoros.

TRAINING OF REFERENT T1D PAIRS

In line with our ongoing commitment to decentralize health-care for patients with type 1 diabetes, we continue to train healthcare professionals, teams composed of nurses and doctors, to enhance their capacity to manage type 1 diabetes beyond specialized consultation centers.

In Mali, a training session was held in Bamako from February 26 to March 1, 2024, aimed at strengthening the management of type 1 diabetes in children and young adults. A total of 37 healthcare professionals (17 doctors and 20 paramedics) from 19 healthcare facilities participated. They represented the capital and 12 regions: Kayes, Koulikoro, Kati, Fana, Sikasso, Koutiala, Bougouni, Médine, Mopti, Douentza, Diré, and Gao. The training combined theoretical instruction, practical case studies, therapeutic education workshops, and an immersive exercise titled "I live like a person with diabetes." Teams received educational tools designed for patients, and pre- and post-training assessments measured their skills improvement.

This initiative strengthened the network of healthcare providers managing type 1 diabetes and bolstered efforts to decentralize care throughout Mali.

Similar training sessions are planned for 2025 in Burkina Faso and the Union of the Comoros.

DIABETES AND DIABETES/HIV AND DIABETES/ TUBERCULOSIS COMORBIDITIES

COMPANIONSHIPS OF HEALTHCARE PROFESSIONALS TRAINED ON COMORBIDITIES

As part of capacity-building efforts for healthcare professionals, companioning activities were implemented to strengthen the management of diabetes/HIV and diabetes/tuberculosis comorbidities. These sessions provided ongoing technical and practical support to healthcare workers previously trained, helping them consolidate their theoretical knowledge through hands-on experience.



Mission of companionship at the Grande Comore (Union of the Comoros)

These companionships, supervised by experienced referents, facilitated the transfer of skills within healthcare services, particularly in the identification, follow-up, and management of comorbidities related to HIV and tuberculosis.

In 2024, these companionships supported the supervision of consultations for patients living with diabetes and/or tuberculosis and HIV across 21 health centers on the three islands of the Union of Comoros, thereby strengthening the practices of 61 healthcare professionals. In Burkina Faso, 17 health centers across 10 regions were supervised, reaching hundreds of healthcare workers. In Mali, activities related to the comorbidities project concluded at the end of 2022.

Additionally, the companionships helped identify specific needs and gaps in clinical practice, which were taken into account to tailor the content of refresher training sessions (see below).

REFRESHER TRAINING OF HEALTHCARE PROFESSIONALS ON COMORBIDITIES

To ensure continuity and quality of care, a complementary training session was organized for healthcare professionals previously trained on comorbidities in the Union of Comoros. This session aimed to update their knowledge and address potential practice errors identified during companionship field missions. It forms part of a continuous quality improvement approach for patient services.

A total of **36 tuberculosis referent professionals** (17 doctors and 19 nurses) benefited from this refresher training. HIV referents from the Union of Comoros are scheduled for training in early 2025. Complementary training sessions will also be held in Burkina Faso at the beginning of 2025.

Health data

INFORMATISATION OF HEALTH DATA

The deployment of the electronic medical record system for type 1 diabetes has been fully completed and is now operational among healthcare professionals in Mali and the Union of Comoros. This system enables centralized and optimized management of patient data, thereby facilitating both follow-up and clinical care.

The deployment of the electronic medical record system for type 2 diabetes is scheduled for 2025, marking a significant advancement in the management of medical data and the quality of care for people living with diabetes.

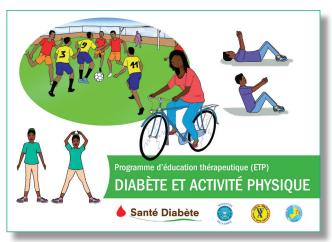
Therapeutic patient education

LAUNCH OF NEW THERAPEUTIC EDUCATIONAL TOOLS FOR PATIENTS LIVING WITH T2D

In 2024, Santé Diabète achieved a significant milestone in enhancing the management of type 2 diabetes by developing new tools specifically designed for the therapeutic education of patients living with this condition. **Approximately twenty educational materials** were created, covering key topics such as understanding the disease, managing hypo- and hyperglycemia, preventing diabetic foot complications, insulin injection techniques, and dietary portion adjustments.

Concurrently, to facilitate the implementation of these therapeutic education workshops within prevention houses, a network of **24 patient peer educators was established:** 10 in Mali, 7 in Burkina Faso, and 7 in the Union of Comoros. This network was formed through a rigorous selection process conducted in partnership with local diabetes associations. These peer educators received comprehensive training on therapeutic education and on how to effectively use the newly developed tools. Deployment of these initiatives will start in 2025, with educational sessions led by the peer educators across the three countries.





STRENGTHENING OF THE THERAPEUTIC EDUCATION OF CHILDREN AND YOUNG ADULTS LIVING WITH T1D

In 2024, twelve therapeutic education days were organised in Bamako, Mali, alongside the training of referent pairs for type 1 diabetes and pediatricians (see page 16).

A total of **445 participants attended these workshops**, including 225 individuals aged 15 and older, 110 children under 15, and 110 parents and guardians.

Led by trained facilitators, these events focused on practical workshops covering topics such as understanding diabetes, glycemia management, insulin injection techniques, sexuality, and complications.

Educational tools tailored to each country's context and patient needs, such as notebooks, games, and glycemia kits, were employed throughout the sessions.

BUILDING A COMMUNITY OF PRACTICE FOR YOUNG PEOPLE LIVING WITH T1D

DJEKULU, launched at the beginning of 2024, is an online platform designed for young patients living with type 1 diabetes who are under the care of healthcare professionals.

This platform allows users to share photos and daily stories that highlight important moments in their lives, while also providing access to a growing collection of images and audio messages related to their diet, glycemia, and glycated hemoglobin, an essential marker for long-term glucose control in people with diabetes.

DJEKULU fosters discussions on various topics, such as relationships and diabetes, diet, and more. Throughout 2024, it has become a genuine space for support and exchange among patients. The conversations encouraged young users to openly express concerns that can be difficult to discuss with healthcare professionals, including complications, intimacy, and psychological challenges.

By the end of its first year, the platform had **285 users**. It also served as a forum for addressing taboo subjects and stigma: young patients shared their experiences of diagnosis, discrimination they encountered, and uncertainties about their future. The moderation team provided clear and supportive answers when needed.

Moderated by a dedicated facilitator, DJEKULU continues to nurture a compassionate community where young patients can access information, support one another, and learn how to live better with diabetes.







ACCESS TO MEDICATION AND MEDICAL MATERIAL

Strengthening access to antidiabetic medicines in Mali, Burkina Faso and the Union of the Comoros

In 2024, the dialogue frameworks with the national structures responsible for medicines were reinforced in Mali, Burkina Faso, and the Union of the Comoros, with the objective of improving access to antidiabetic drugs and essential medical devices for patients. These efforts aim to ensure better stock management and foster constructive engagement with local authorities to strengthen the supply of health facilities. This work also enables close monitoring of medication availability and facilitates the reporting of stockouts, particularly concerning insulin.







STRENGTHENING OF THE CIVIL SOCIETY

Strengthening the capacities of associations regarding DIABETES/HIV/TUBERCULOSIS comorbidities

In 2024, Santé Diabète reinforced its commitment to supporting civil society organisations by working alongside 20 community associations engaged in the fight against diabetes, HIV, and tuberculosis. These associations benefited from targeted training sessions addressing both the specific challenges of diabetes/HIV/tuberculosis comorbidities and the operational mechanisms of Global Fund financing. The objective of this support was to strengthen their analytical and advocacy capacities, with a view to promoting the inclusion of comorbidities in upcoming funding requests, thereby contributing to improved care for individuals living with multiple chronic conditions.

Strengthening patients partner associations

All prevention activities carried out in the three countries, whether within the prevention houses or in external settings, are implemented in close collaboration with partner associations. This ongoing collaboration represents a key lever for progressively **strengthening their organisational and operational capacities**. Each joint action is designed as an opportunity to consolidate internal structures, enhance strategic positioning, and reinforce their recognition at the local level



ADVOCACY

In 2024, Santé Diabète intensified its advocacy efforts to promote the rights of people living with diabetes and to support the implementation of an inclusive, patient-centred approach to care.

Advocacy for the Inclusion of Diabetes/ Tuberculosis and Diabetes/HIV Comorbidities in Global Fund Grants

In line with our commitment to promoting an inclusive and integrated approach to care, Santé Diabète actively advocated for the inclusion of the prevention and management of diabetes/tuberculosis and diabetes/HIV comorbidities in the new Global Fund grant applications for Burkina Faso, Mali, and the Union of the Comoros. This advocacy work bore fruit in 2024, as these comorbidities were formally integrated into the grant applications submitted by all three countries.

Mobilisation for insulin access

Santé Diabète has undertaken several international advocacy initiatives to promote universal access to insulin, as well as to associated medical devices:

 Conference at Sciences Po Grenoble on the Crisis of Insulin Access and the Challenges of Equity in Access to Medicines

Find out more

 Santé Diabète took part in a protest held in Johannesburg, South Africa, alongside MSF Access Campaign, T1International, and Treatment Action Campaign. The demonstration called on Novo Nordisk to resume the production of more affordable insulin pens, in order to ensure equitable access to this essential treatment for all..

Find out more



 Santé Diabète expressed its strong support for the inclusion of rapid-acting insulin analogs on the WHO Model List of Essential Medicines. As part of this effort, we contributed a written letter to the submission dossier coordinated by T1International. This contribution reflected our field experience and the pressing needs observed among people living with diabetes in our intervention countries

Find out more

**Contact Thanks to Santé Diabète, we're able to live with our disease. Without their support, access to care and treatment would be impossible for us. **Tenin Djiré, patient living with type 1 diabetes.

Support to the political mobilisation of the International Diabetes Federation-Europe

On November 28th, during a High-Level Technical Meeting, the International Diabetes Federation – Europe and the World Health Organization (WHO Europe) jointly signed a Declaration underscoring the urgent need to accelerate the implementation of commitments aimed at improving diabetes screening and the quality of care.

Our organization fully supported this Declaration, firmly believing in the necessity of strengthening political action to significantly enhance the lives of people living with diabetes, as well as those at risk.

Find out more

Advocacy for the Mandatory Implementation of the Nutri-Score



Dissemination of an education post on social media, which provides an explanation of the Nutri-Score along with a call for action to support its generalisation

As part of our commitment to improving the prevention of chronic diseases, we have actively advocated for the mandatory implementation of the **Nutri-Score**, a simplified nutritional labeling system, on all food products in France, and for its adoption as the reference label at the European level.

Together with experts and other engaged organizations, we led a strong campaign mobilizing healthcare professionals, political decision-makers, and public opinion. In October 2024, we co-signed an op-ed published in *Le Monde* (see Publications, page 24), emphasizing the urgency of this measure.

As part of this effort, we also supported the dissemination of a petition addressed to the Prime Minister. To date, it has been signed by over 2,200 healthcare professionals and scientists, as well as 56 learned societies, associations, and NGOs, including Santé Diabète, calling for the mandatory display of the Nutri-Score on food packaging.

This advocacy supports a legislative proposal to make Nutri-Score compulsory. Our work will continue in 2025 with ongoing support for the submission of this bill and targeted advocacy toward elected officials to ensure its adoption.

Find out more



RESEARCH

In 2024, two research projects were carried out:

- ACCISS study (Addressing the Challenge and Constraints of Insulin Sources and Supply): This study was conducted exclusively in Mali. In 2024, a restitution session was held with representatives of patient associations and teams from the five prevention houses to share the results of the investigation carried out between 2020 and 2022. This study assessed the availability and pricing of insulin in six regions of the country.
- The restitution also marked the beginning of a new phase, transferring the follow-up of medication cost data to the patient associations. Accordingly, six investigators from partner associations were trained and prepared to conduct the next data collection phase, scheduled for February 2025. Santé Diabète continues to provide technical coordination in collaboration with partners and health authorities.
- HEIQ Study (Health Education Impact Questionnaire): This longitudinal study, initiated during our previous program and continuing through the current three-year program (2023-2026), aims to assess the impact of diabetes prevention, as well as the prevention of diabetes/HIV and diabetes/tuberculosis comorbidities, using the Health Literacy questionnaire (HEIQ). It also evaluates the effects of our therapeutic education activities. For each prevention and therapeutic education intervention conducted in Burkina Faso, Mali, and the Union of the Comoros, a sample of individuals presenting risk factors and patients is surveyed before the intervention and again six months afterward. This work was carried out in 2024.



Finally, two research projects were finalised:

- Insulin Switch Study: In 2022 and 2023, Santé Diabète, in collaboration with endocrinology specialists from the Hospital of Mali, and with the support of the Life For A Child program, the University of Geneva, the University Hospitals of Geneva, the University of Luxembourg, and the University of Sydney, conducted a randomized trial. This study examined the replacement of human insulin with a slow-acting analogue insulin delivered via insulin pen in the treatment regimen of patients under 25 years old living with type 1 diabetes. Funded by the Helmsley Charitable Trust Foundation, the quantitative phase of the trial concluded at the end of 2023. It was followed by a qualitative study aimed at understanding patients' perceptions and changes in quality of life after switching to the new treatment. This qualitative phase was completed in 2024. The results of both studies are scheduled for publication in 2025.
- Study on the stigma and discriminations faced by young patients living with type 1 diabetes in Bamako, Mali: In 2024, following the qualitative phase of the Insulin Switch Study, Santé Diabète partnered with Malian researchers to conduct a new study on the stigma and discrimination experienced by people living with type 1 diabetes in Mali. This research involved a large multidisciplinary team and combined interviews with healthcare professionals, focus groups, and individual interviews with 54 patients and their relatives. The study aimed to capture their perceptions, experiences, and needs, while also proposing practical solutions to reduce stigma. The results are expected to be published in 2025.



CITIZENSHIP AND INTERNATIONAL SOLIDARITY EDUCATION

INTERCULTURAL EXCHANGE BETWEEN GRENOBLE AND OUAGADOUGOU

Since 2012, Santé Diabète has been coordinating a school exchange program between France and Burkina Faso, aimed at raising awareness among young people about citizenship, international solidarity, and the critical issues of health and nutrition

For the 2023-2024 academic year, two classes from Léon Jouhaux school in Grenoble and two classes from Cissin Norb B and Naaba Yanfo A schools in Ouagadougou participated in this exchange.

Across 15 interactive sessions, students from Grenoble and Ouagadougou engaged in collaborative activities centered on diet, health, lifestyle, and daily habits in their respective countries. The program concluded with a feedback meeting involving parents and institutional partners, during which the outcomes and key insights from the exchange were presented.

This initiative involved 40 children in Grenoble and 138 children in Ouagadougou, fostering mutual understanding and enriching interactions between the youth of both countries.



Session conducted by the teacher with her pupils in Grenoble



Feedback session after the exchange with parents and partners of the NGO in Ouagadougou



SHARING THE EXPERTISE OF SANTÉ DIABÈTE

Transfer of expertise: partnership with Doctors Without Borders (MSF) to train healthcare professionals on diabetes and strengthen therapeutic patient education.

In 2024, Santé Diabète initiated a strategic partnership with Doctors Without Borders (MSF) to enhance the management of type 1 diabetes within MSF's humanitarian projects. Given the rising diabetes-related healthcare needs in MSF's intervention contexts, over 40,000 diabetes consultations in 2022, this collaboration aims to share Santé Diabète's expertise in medical training, therapeutic education, and patient-centered care approaches.

A formal protocol of agreement was signed to structure this partnership, whereby Santé Diabète provides technical and targeted support, and MSF oversees operational management and medical follow-up of patients. Santé Diabète's technical support includes the development and adaptation of training and therapeutic education tools, organisation of online training sessions for healthcare professionals, support for therapeutic education workshops, and assistance in integrating MSF teams with local networks and patient associations. This support was initially piloted in Carnot, Central African Republic.



Training of healthcare professionals in Carnot on the management of diabetes, organised by Dr Togo (endocrinologist in Mali).

Following the partnership agreement, significant preparatory work was conducted in 2024 to adapt educational materials and training curricula to the local context. Subsequently, both online and in-person training sessions were held in Carnot, reaching 22 healthcare professionals (doctors, nurses, and caregivers) on type 1 diabetes management. Additionally, 43 patients living with type 1 diabetes benefited from therapeutic education workshops organised locally.

This pilot project represents a major milestone in disseminating Santé Diabète's expertise in humanitarian settings and addressing the challenges related to access to care for people with type 1 diabetes.

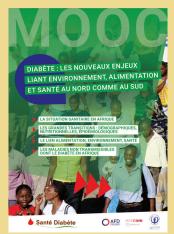
All This work is central to Santé Diabète's mission, as it allows us to share the expertise we have developed over several years and extend its reach to countries where we do not directly operate. To Stéphane Besançon, director of Santé Diabète

Development of a MOOC

Santé Diabète, in partnership with the Chair of Philosophy at the CNAM (Conservatoire National des Arts et Métiers), the GHU Paris Psychiatrie et Neurosciences hospital, the Chair of Humanities and Health of the CNAM, and with the technical and financial support of the Campus AFD group, has developed an innovative MOOC addressing the interconnections between health, diet, and the environment. This course places particular emphasis on the rise of non-communicable diseases, including diabetes.

Structured into three modules, the MOOC explores the health landscape of the African continent, the impact of non-communicable diseases, and the challenges faced by health systems. It also presents local solutions and highlights successful initiatives across Africa.

Designed for healthcare professionals, students, researchers, policymakers, and development actors, this MOOC aims to foster a deeper understanding of public health challenges and to support the advancement of prevention policies and the management of non-communicable diseases. The MOOC will be launched in September 2025.



GLANCE AT OUR WORK IN 2024

JANUARY

The first workshop to strengthen the capacities of Santé Diabète teams in therapeutic education and patient support was held in Geneva. This workshop was developed and conducted by the University of Patients. (read page 7)

FEBRUARY

Expert meeting on non-communicable diseases (NCDs), organized jointly by the World Health Organization (WHO) and the United Nations Refugee Agency (UNHCR).

MARCH

- #Insulin4all protest in Paris (16th of March)
- Participation in the thematic meeting on the Indian Ocean region during the Société Francophone du Diabète (SFD) conference.
- Presentation by our Coordinator in the Union of Comoros, Rachmat Attoumane, at SFD 2024, on the topic: "Hyperglycemia, undiagnosed diabetes, and cardiovascular risk factors among the population of Anjouan living in the Comoros."

APRIL

- Intervention by our Technical Director, Moïse Nguemeni, on the theme: "HIV and diabetes: risks and opportunities for cross-prevention," during the symposium organized by the Initiative at the AFRAVIH 2024 conference. (Yaoundé, 16–19 April)
- Visit from the former Minister of Education Madam Najat Vallaud-Belkacem, in the Comoros.
- Visit of the AFD at the Pôle de Solidarité Internationale in Grenoble. (24th of April)

MAY

- General assembly of Santé Diabète in Paris (4th of May)
- Participation in the fourth symposium of the International Alliance for Diabetes Action (IADA), on the management of diabetes during humanitarian crises, in Athenes. (9-10 May)

JUNE

Restitutions of the intercultural exchange between the students from Grenoble and Ouagadougou to parents and partners.

AUGUST

Assessment mission in Cape Verde (week of the 12th of August)

Watch the TV report

OCTOBER

- Intervention by our Communication Manager, Nina Tousch, at Sciences Po Grenoble on the insulin access crisis, as part of the Week of Crisis organized by Sciences Po (10th of October).
- International Council of the IADA
- Participation in the HIV conference for the Indian Ocean region, featuring an intervention by Youssouf Said Ali, our Comorbidities Project Manager in the Union of the Comoros.
- Strategic meeting at the island of Reunion, with the participation of Cynthia Fleury

NOVEMBER

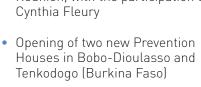
- 14th of November: World Diabetes Day
- Opening of two new Prevention Houses in Koudougou and Manga (Burkina Faso)
- Participation to the Global Diabetes Compact Africa Spotlight (initiative of the WHO)
- Mission in the Central African Republic in partnership with Médecins Sans Frontières, including therapeutic education sessions for young people living with type 1 diabetes.
- #insulin4all protest at Johannesburg (South Africa)
- Opening of a Prevention House in Mohéli (Comoros)

DFCFMBFR

- Coordination Meeting of the NCD Policy Lab in Geneva
- Opening of a new Prevention
- Publication of our press release on the urgent need for continuous care in Mayotte following the Chido cyclone

House in Anjouan (Comoros)

Read our press release







OUR PUBLICATIONS AND VIDEOS

PUBLICATIONS

Scientific papers

In 2024, we published 6 SCIENTIFIC PAPERS.

Formative research to adapt the 'Diabetes Prevention Program – Power to Prevent' for implementation in Bamako, Mali

Doumbia L, Findley S, Ba HO, Maiga B, Ba A, Béréthé RK, Sangaré HM, Kachur SP, Besançon S, Doumbia S. *BMC Health Services Research*, January 11, 2024; 24(1):61. *Access the article*

Complete HLA genotyping of type 1 diabetes patients and controls from Mali reveals both expected and novel disease associations

Noble JA, Besançon S, Sidibé AT, Rozemuller EH, Rijkers M, Dadkhodaie F, de Bruin H, Kooij J, Martin HRN, Ogle GD, Mack SJ.

HLA, january 2024; 103(1):e15319.

Access the article

User requirements for non-invasive and minimally invasive glucose self-monitoring devices in low-income and middle-income countries: a qualitative study in Kyrgyzstan, Mali, Peru and Tanzania

Safary E, Beran D, Vetter B, Lepeska M, Abdraimova A, Dunganova A, Besançon S, Lazo-Porras M, Portocarrero Mazanett J, Pérez-León S, Maixenchs M, Nchimbi H, Ramaiya K, Munishi C, Martínez-Pérez GZ. *BMJ Open*, February 17, 2024; 14(2):e076685.

Access the article

Op-ed

This op-ed, co-signed by Stéphane Besançon, Cynthia Fleury, Serge Hercberg, and Mathilde Touvier and published in Le Monde on October 24, 2024, calls on the French Prime Minister to strongly advocate for the Nutri-Score at the European level.

Read the article

Le Monde

« Rendre le Nutri-Score obligatoire en Europe est une urgence de santé publique! »

Un collectif de chercheurs demande, dans une tribune au « Monde », au premier ministre de prendre fermement position au sein de l'Europe en faveur de ce logo apposé sur les emballages pour informer les consommateurs de la qualité nutritionnelle des produits alimentaires qu'ils achètent.

Publié le 24 octobre 2024 à 16h00, modifié le 24 octobre 2024 à 17h38 | 💍 Lecture 3 min.



Strengthening Health Literacy Through Structured Sessions for Non-Communicable Diseases in Low-Resource Settings: The Learning Nest Model

Balcou-Debussche M, La Hausse V, Roddier M, Sokolowsky C, Rastami J, Besançon S, Ballet D, Caroupin J, Dowlut S, Debussche X

Community Health Equity Research & Policy, July 2024; 44(4):409–418.

Access the article

International Day of Charity: what does charity mean for diabetes?

Beran D, Besançon S.

The Lancet Diabetes & Endocrinology, November 2024; 12[11]:787–788.

Access the article

Frequency and clinical characteristics of children and young people with type 2 diabetes at diagnosis from five world regions between 2012 and 2021: data from the SWEET Registry

Gesuita R, Eckert AJ, Besançon S, Crimmins NA, Cavallo F, Kim J, Jefferies C, Gevers EF, Vamvakis A, Shah S, Amed S, Cherubini V; SWEET study group.

Diabetologia, January 2025; 68(1):82-93.

Access the article

Institutional article

"Diabetes and its comorbidities: a stake of public health in Africa."

In this interview with the Initiative, Stéphane Besançon discusses Santé Diabète's activities in Mali, Burkina Faso, and the Comoros, while emphasizing the challenges posed by comorbidities such as HIV and tuberculosis.

Read the article



Le diabète et ses comorbidités : un enjeu de santé publique en Afrique

À l'occasion de la journée mondiale de lutte contre le sida, le 1er décembre, L'initiative a rencontré Stéphane Besançon, directeur général de Santé Diabète. Cette ONG, qu'il a fondée en 2001, suit aujourd'hui plus de 25 000 patients diabétiques à travers le Mail, le Burkina Faso et les Comores. Le continent africain connaît la plus forte progression de la prévalence du diabète, au monde. D'ici 2050, le nombre de diabétiques aura triplé dans la région par rapport à 1990.



VIDEOS

Our videos were watched 5,455 TIMES IN 2024.

As part of its missions of expertise, the team of Santé Diabète went to Cape Verde to better understand the epidemiological situation of diabetes in the country. For this occasion, our director Stéphane Besançon, was interviewed on national television.

Watch

to discuss the major challenges related to insulin access and diabetes care in Africa, emphasizing the urgent need to act in the face of this silent health crisis. Listen



Video restitution of the celebration of World Diabetes Day in Burkina Faso Watch



Plus les prix baissent, plus ces médicaments qui coutent très cher peuvent être inclus dans les mécanismes de Sécurité sociale. C'est ce qu'on oublie souvent, plus un médicament est cher, plus c'est difficile dans des pays à revenus faibles de l'inclure dans les mécanismes de Sécurité sociale en train de se développer.

On November 14, our CEO Stéphane Besançon spoke on RFI



Stéphane Besançon (ONG Santé Diabète): «On demande avec MSF que les stylos à insuline descendent à 1 dollar» Amélie Tulet

On November 16th, a television interview with our director was broadcast on France 24, highlighting the situation of diabetes in Africa and the actions undertaken by our NGO to improve it.

Watch



In 2024, Santé Diabète gathered 12,953 SUBSCRIBERS on its social media accounts (Facebook, X, Instagram and LinkedIn).

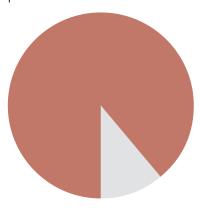
Our posts generated 168,744 IMPRESSIONS and an **ENGAGEMENT RATE OF 8** %, which reflects a strong mobilisation around our actions.

FINANCES

RIGOROUS MANAGEMENT DEDICATED TO MAXIMIZING IMPACT

ORIGIN OF RESOURCES IN 2024

89% private funds

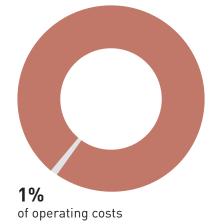


11% public funds

USE OF FUNDS IN 2024

99%

of expenses allocated to activities





44

Financial management remains a key priority for NGOs like Santé Diabète. It is the foundation of trust with our financial partners and funders, which is essential for ensuring the continuity of our work. Sound management means the effective and transparent use of allocated resources.

At Santé Diabète, we fully uphold this principle. Although our organisation is small compared to others, we are able to maximise our impact with limited resources.

Here is an overview of the key figures that defined Santé Diabète's work in 2024:

- € 6,806,461 mobilised in the fight against diabetes, particularly in Africa
- 99% of expenditures were directly allocated to activities, with only 1% dedicated to organisational operating costs
- Funding comprised 11% public funds (AFD, Initiative / Expertise France, Ville de Grenoble) and 89% private funds (World Diabetes Foundation, Helmsley Charitable Trust, Life for a Child, etc.)
- A team of 40 dedicated collaborators
- Three fully engaged partner associations in Mali, Burkina Faso, and the Union of Comoros

The fight against diabetes and its risk factors remains a global challenge. For this reason, our mission is to continue mobilising financial support on a large scale, in hopes of providing sustainable relief to those affected.

Our determination remains unwavering, strengthened daily by the tangible results we achieve on the ground and the millions of lives we help improve in our areas of intervention.

Moussa Bagayogo

Administrative and financial director of Santé Diabète

SOURCES OF EXPENSES (€) YEAR 2024		SOURCES OF INCOME (€) YEAR 2024		
Supply procurement	23,868	Merchandise sales		
Stock variation (supplies)	8,254	Production sold (goods and services)		
Other external expenses	1,109,120	Stock production		
Taxes, duties, and similar payments	4,929	Capitalized production		
Staff remuneration	568,204	Operating subsidies	3,371,307	
Social charges	128,748	Other income	87,325	
Depreciation charges	44,367	Financial income		
Provisions	76,363	Other income	118,764	
Other expenses	122,204	Financial income	8,393	
Financial charges				
TOTAL (I)	2,086,058	TOTAL (I)	3,585,789	
EXCEPTIONAL EXPENSES (II)	2,084,090	EXCEPTIONAL INCOME (II)	748,295	
INCOME TAX (III)	2,876			
TOTAL EXPENSES (I+II+III)	4,173,025	TOTAL INCOME (I+II)	4,334,084	
Profit or loss	161,059			
TOTAL	4,334,084	TOTAL	4,334,084	
FREE PROVISION OF GOODS	2,472,378	VOLUNTEER WORK		
SERVICES		IN-KIND SERVICES		
VOLUNTEER STAFF		DONATIONS IN KIND	2,472,378	
TOTAL	6,806,461	TOTAL GENERAL	6,806,461	

ciation in terms of products or services necessary for its made by the association operation.

Stock variation: the difference between opening inventory and closing inventory allows for the sole consideration of consumed purchases and products that were sold during the year.

Other external expenses: includes all expenses incurred with providers by the association other than salaries and taxes.

Taxes, duties and similar payments: charges corresponding to compulsory payments to the State and local authorities in order to support public expenditure.

Staff remuneration and social security contributions: all employee-related costs (wages and wage costs).

Depreciation charges: those have to do with tangible fixed assets but are only part of the intangible ones. They allow the recognition of the decrease in value of a fixed asset due to its use over time

Other expenses: expenses incurred outside of the association's regular providers.

Financial expenses: expenses related to foreign exchange Donations in kind: includes the value of medical equipment losses and bank account charges

Supply procurement: corresponds to the needs of the asso- Income taxes: costs calculated on the basis of the profits

Profit or loss: if the difference between the association's income and expenses is positive, its net result shows a profit. If the difference between the association's income and expenses is negative, its net result shows a loss.

Free provision of goods and services: includes the value of medical equipment and products made available to the beneficiaries of the association

Voluntary staff: covers the fees cost of the experts who work for the organisation.

Sale of goods: all the goods sold by the association.

Production sold (goods and services): includes the income generated by the association's services.

Operating subsidies: grants received by the association.

Other revenues: other income received apart from subsidies.

Financial revenues: interest received on bank accounts.

and products made available to the beneficiaries of the association.

TEAM AND GOVERNANCE



A TEAM COMMITTED TO THE MISSION OF SANTÉ DIABÈTE

The actions of Santé Diabète are driven by a **dedicated team of employees** divided between the headquarters in Grenoble and the countries where we operate. Under the leadership of Stéphane Besançon, they carry out the strategic plan's objectives with rigor and determination. Their expertise, complementarity, and commitment are at the core of the organisation's impact.

Santé Diabète wishes to acknowledge their efforts and warmly thank them for their unwavering dedication throughout the year.

STRENGTHENING THE STRUCTURATION AND THE GOVERNANCE OF SANTÉ DIABÈTE

In 2024, Santé Diabète undertook major structuring efforts aimed at **strengthening its governance, internal organization, and collaboration between teams and authorities**. Three out of four pillars of governance were reinforced: enhancing the role of the board of directors in strategic decision-making; formalizing the organization's project through the development of a 10-year vision; and strengthening exchanges between delegations, notably via online and in-person training sessions.

A new organizational chart was published, featuring a reinforced leadership team and new key positions. Additionally, a comprehensive legal, social, and organizational diagnosis was initiated in partnership with a specialized firm to update and harmonize all internal documents. Finally, collaboration between headquarters, delegations, administrators, and volunteers was improved through the implementation of new technological tools and the formalization of an inter-delegation framework.

BOARD OF DIRECTORS

Board Members

David Hacquin, President Christophe Perrin, Secretary Nathalie Le-Moullec, Deputy Secretary David Beran, Treasurer Laurent Goetz, Deputy Treasurer

OTHER MEMBERS OF THE BOARD OF DIRECTORS

Perrine Geniez
Nathalie Chatillon
Marie Veillon
Anne-Laure Coulon
Christine Waterlot
Pauline Trébuchet
Joël Grevost
Cynthia Fleury
Pauline Brailly-Vignal
François Samuel Lahaye
Grégoire Gailly
Marion Medves

SANTÉ DIABÈTE TEAM

MANAGEMENT

Stéphane Besançon, General Director Moise Nguemeni, Technical Director Moussa Bagayogo, Administrative and Financial Director

FRANCE DELEGATION

Nada El Abbassi, Administrative and Financial Manager Marylise Maraval, Project Manager Citizenship and International Solidarity Education Nina Tousch, Communication Manager David Nouet, Monitoring and Capacity Building Manager

UNION OF THE COMOROS DELEGATION

Rachmat Attoumane, Delegation Coordinator, Project Manager Healthcare Services and Policy Support Chamoussoudine Ali, Administrative and Financial Manager Mohamed Moindjie, Assistant Administrative and Financial Manager Youssouf Said, Project Manager Comorbidities

Gobo Ensumuata Mohamed Ali, Project Manager Prevention and Association Support

Fainat Ahamada, Assistant Project Manager Hadidja Youssouf, Housekeeper Mohamed Kassim, Driver Houdjajji Youssouf, Driver

BURKINA FASO DELEGATION

Djibril Tietiembou, Administrative and Financial Manager Souleymane Kindo, Assistant Administrative and Financial Manager Patricia Kamouni, Project Manager Healthcare Services and Policy Support Josiane Kaboré, Project Manager Prevention and Association Support Rachid Kéré, Assistant Project Manager Stanislas Lankoandé, Driver Abdoulaye Diarra, Driver

MALI DELEGATION

Moussa Siama, Administrative and Financial Manager Sidi Koita, Assistant Administrative and Financial Manager Gaoussou Konté, Project Manager Prevention and Association Support Nana Camara, Project Manager Prevention and Association Support Thierry Fongang, Project Manager Healthcare Services and Policy Support Yacouba Demblélé, Assistant Project Manager Adiaratou Konaté, Platform Animation Ibrahim Nientaou, Distance Training Coordinator Mahamadou Traoré, Logistician and Treasurer

Mahamadou Fofana, Logistics Assane Coulibaly, Driver Issa Diarra, Driver Tiécoura Traoré, Driver Yaya Siama, Housekeeper Dramane Diarra, Guard Karim Coulibaly, Guard Ami Coulibaly, Cook Yacouba Sogoba, Guard

FINANCIAL AND TECHNICAL PARTNERS



























































Innovate together

to fight against diabetes in Africa



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