

WHO ARE WE?

Santé Diabète is a non-governmental organisation founded in 2001 to address the lack of access to medical care for people with diabetes in Africa and development agencies' failure to take this health emergency into account.

Initially present in Mali, Santé Diabète then developed its actions in Burkina Faso, Senegal, the Union of Comoros, and in France (headquarters of the association), with permanent teams in each country today.



OUR MISSION

Strengthening and structuring healthcare systems to improve the prevention and management of diabetes

With a team of 40 people and over 200 local and international partners, Santé Diabète works in the field on a daily basis to save lives by better diabetes prevention and management in order to improve the quality of life of people suffering from this chronic disease. Santé Diabète has developed a unique expertise in diabetes in Africa and in developing countries which is regularly sought at an international level (missions to strengthen national health systems, involvement in expert studies, etc.). In parallel, since 2011, Santé Diabète has been developing a health and international citizenship education program in France.

OUR APPROACH

Santé Diabète has a unique way of working

- We are the only NGO specialising in the fight against diabetes in Africa
- We manage diabetes in the long term by strengthening local healthcare systems
- We work directly with Ministries, Health Departments and national, regional, and local healthcare structures
- We build a strong civil society by structuring it and we support patient associations
- We promote South-North, South-South, and North-South collaboration
- We apprise the world through international advocacy
- We contribute to the fight against diabetes at a global level by being the only independent NGO recognised by the World Health Organisation (WHO) and a member of its Global Coordination Mechanism on Noncommunicable Diseases (NCD)
- We work with an international network for local solutions
- Our operational structure and management are based in West Africa as close as possible to the field.

SANTÉ DIABÈTE IN 2020

40
employees

200
partners

Awareness-raising in
9,220 students

70,500
people at risk screened

1,840
health professionals trained

25,000
people supported (with type 2 diabetes)

900
treatments for children with type 1 diabetes undertaken

DIABETES

Diabetes is a disease related to pancreatic dysfunction that is characterised by chronic hyperglycemia, namely an excess of sugar in the blood.

There are three main types of diabetes:

Type 1 diabetes, which affects 10% of people with diabetes, mainly children and young adults: the pancreas no longer makes any insulin and must be “artificially compensated” by daily subcutaneous injections of insulin.

Type 2 diabetes, which affects 90% of people with this disease and more particularly sedentary and overweight adults over the age of 45, is linked to the misuse of insulin by the cells of the organism.

Gestational diabetes occurs in pregnant women, with varying degrees of hyperglycemia and increased risks of complications during pregnancy and delivery, and of subsequent development of type 2 diabetes.



THE FIGHT AGAINST DIABETES

A global health emergency

Today diabetes is the 7th leading cause of death in the world, hitting all countries hard, those with high income and those with low income alike. The fight against diabetes has become a real health emergency. The alarming progression of diabetes is directly linked to the evolution of our lifestyles (sedentary, massive urbanisation, production methods and food consumption...) which has a strong impact on human health and on the environment and increases the risks of developing noncommunicable diseases such as diabetes.

DIABETES IN THE WORLD

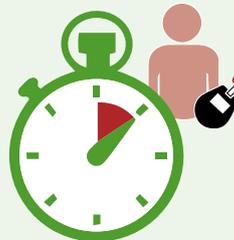
463 million
people with diabetes in 2020



10%
of the global
population

A figure which has increased fourfold in just 30 years and which, according to International Diabetes Federation estimates, could reach 700 million people by 2045.

7th
leading cause of death



1 person dies from diabetes
every **6** seconds

8 out of 10 people with diabetes live in developing countries



SITUATION OVERVIEW

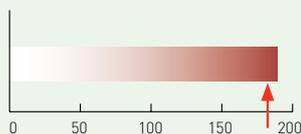


Mali, one of the poorest countries on the planet, also has one of the lowest numbers of health professionals in the world with an average of only 0.7 doctors and 2 nurses per 10,000 inhabitants. This shortage significantly limits the country's ability to provide its population with adequate, effective

and equitable health services. The epidemiological transition imposes a burden of infectious diseases that remains high with, in addition, the explosion of noncommunicable diseases (NCD) such as diabetes, which today affects more than 2 million Malians.

KEY FIGURES MALI

Human Development Index (HDI)
182nd (out of 189 countries)



Diabetes prevalence

2.4%



Overweight

22%



Obesity

5.7%

56% of households with people with diabetes spend more than **40% of their income** on out-of-pocket healthcare expenses.



OUR ACTION

For more than 15 years, Santé Diabète has been structuring a genuine national response in Mali that addresses prevention, care, access to treatment and the strengthening of patient associations.

The programs we have been running for more than 17 years in Mali have made possible, for example:

- The opening of 32 diabetes clinics across the country supporting more than 20,000 patients in State facilities. Patients who, for the most part, previously had no access to care nor possible follow-up of their disease.
- The creation of the first university degrees specialising in diabetes (70 health professionals specialised in endocrinology and diabetology since 2011)
- A sharp decrease in the price of treatment (48% reduction in the price of a bottle of insulin and one month of treatment with oral antidiabetic agents reduced to one tenth of the price).
- The emergence of the Fédération des Diabétiques du Mali («Diabetics federation in Mali»), which brings together 30 patient associations and today has more than 3,000 members and 20 «expert patients» with whom we collaborate closely (prevention missions, therapeutic education/literacy etc.).
- The implementation of important prevention and screening actions to raise as much awareness as possible about risk factors (national events such as World Diabetes Day, production and dissemination of educational tools etc.) and screening new patients.
- The complete revision of the national diabetes plan with the Malian government.

The challenge for the coming years is therefore to train even more specialists and general practitioners so as to keep up with the number of people with diabetes, while further consolidating the role of patient associations in prevention and therapeutic education actions.

Santé Diabète is also taking action to enable the State to play an increasingly strong role in the prevention and management of diabetes, notably by including this disease in the universal health insurance plan that should be put in place in Mali.

OUR IMPACT ON MALI IN 2020



Dr Nientao, University training and T1D care coordinator

«2018 and 2019 were two particularly important years in terms of strengthening the skills of healthcare professionals. For example, we have extended continuing medical training to allow the opening of new diabetes consultations while further developing diploma training courses in order to increase the number of specialists in

endocrinology and diabetology, in addition to the training of physician referral pairs, nurses or our companionship campaigns.

A pilot action is continuing to train health professionals in order to integrate the management of co-morbidities (diabetes-HIV and diabetes-tuberculosis).»

IN 2018 AND 2019, WE HAVE:

- screened **29,894** people presenting with risk factors
- trained on diabetes **1081** health professionals
- provided free treatment for **780** children with diabetes
- raised the awareness of **1,816** students of the risks of diabetes and how to prevent it

12,88% increase in the care of diabetic children in the country's 19 centres

Sites	Active file early 2019	Active file end of 2019
Mali Hospital	574	628
Regions	117	152
TOTAL	691	780
Increase of active file (%)		12,88%

“Ten years ago, there were fewer than 15 children with type 1 diabetes living in Mali, with life expectancy not exceeding an average of 1 year after diagnosis. Thanks to the excellent work of Santé Diabète in partnership with Life for a Child, the situation has improved considerably with more than 650 young people with diabetes now living with type 1 diabetes in the country.”

Dr Graham Ogle, Director of the Life for a Child program, International Diabetes Federation



New educational tools for young people with diabetes have been developed to meet their needs as closely as possible and have been integrated into our various educational actions.



Continuing medical training has enabled to continue to strengthen the skills of health professionals across the country.



University training - set up by the Ministry of Higher Education and Research, the Mali Hospital and the NGO Santé Diabète - has enabled for 16 endocrinologists to be trained, 14 of whom are already working in different health facilities in Mali in 2018.



Stéphane Besançon, CEO of Santé Diabète

“This year has allowed us to strengthen our actions in the field to provide more support to people with diabetes. It has also enabled us to increase our visibility beyond the world of diabetes and has opened up interesting opportunities for us to collaborate with stakeholders in global health, nutrition and the environment. Their mobilisation is, and will increasingly be, essential in the fight against diabetes and in meeting the challenges of this global health emergency.”

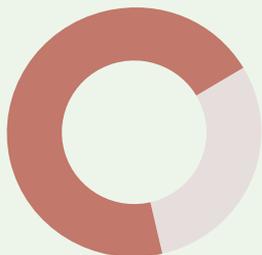
FINANCIAL TRANSPARENCY

98.5% of our funds are used directly in the field

Strict internal and external financial control mechanisms enable Santé Diabète to report at all times on the proper use of the funds entrusted to it: annual external audits carried out by approved international audit firms, certification of the organisation’s accounts by an auditor, external audits of our partners.

Source of revenue

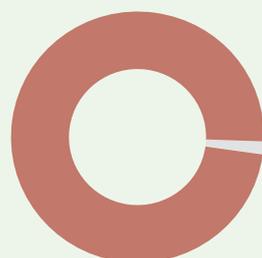
70%
from private funds



30%
from public funds

Use of funds

98,5%
Social missions



1,5%
Operating expenses



TESTIMONY

“Thanks to Santé Diabète, my child tested at the age of 11 months can live with his diabetes”

Doussou Traoré, mother of Amadou Traoré

“My child Amadou Traoré was born in May 2018. In 2019, he was very ill. Doctors at the “hôpital du Mali” diagnosed him with type 1 diabetes when he was only 11 months old. It’s very hard for me because I have to take care of him every day by injecting his insulin, measuring his blood sugar, but also by adapting his diet. Fortunately, I am supported thanks to the programs of the NGO Santé Diabète and the commitment of specialist doctors at the “hôpital du Mali”, in particular Dr Togo. Thus, we have access to entirely free care for my son (insulin, blood glucose strips). I was also able to follow therapeutic education workshop days which allow me to better understand and manage my son’s illness. I am very happy today because my son Amadou can live with his diabetes!”



In 2019, an inter-country dialogue framework was organized to meet the needs of pooling good practices, discussing the methodologies developed and effectively capitalizing on the actions carried out in the fight against diabetes in Africa from programs developed by our NGO in Burkina Faso, France, Mali and the Union of the Comoros. This framework for dialogue constitutes a real platform for the actors involved in the fight against diabetes in these 4 countries and makes it possible to strengthen the links, and therefore the impact of the activities carried out in the field.

OUR AREAS OF EXPERTISE

 Primary prevention

 Strengthening healthcare provision

 Humanitarian diabetes response

 Therapeutic education

 Access to medicines

 Strengthening civil society

 Support for public health policy

 Health and Citizenship Education

 Development of university degree courses

 Advocacy

 Research



SUPPORT US

www.santediabete.org

  ONG Santé Diabète

 NGO Santé Diabète

CONTACT US

Headquarters

5 rue Federico Garcia Lorca
38100 Grenoble

Tel: (+33) 6 24 51 82 69

Landline: (+33) 9 72 64 71 48

Fax: (+33) 4 26 00 73 66

Email: contact@santediabete.org

OUR TECHNICAL AND FINANCIAL PARTNERS

