

WHO ARE WE?

Santé Diabète is a non-governmental organisation founded in 2001 to address the lack of access to medical care for people with diabetes in Africa and development agencies' failure to take this health emergency into account.

Initially present in Mali, Santé Diabète then developed its actions in Burkina Faso, Senegal, the Union of Comoros, and in France (headquarters of the association), with permanent teams in each country today.



OUR MISSION

Strengthening and structuring healthcare systems to improve the prevention and management of diabetes

With a team of 40 people and over 200 local and international partners, Santé Diabète works in the field on a daily basis to save lives by better diabetes prevention and management in order to improve the quality of life of people suffering from this chronic disease. Santé Diabète has developed a unique expertise in diabetes in Africa and in developing countries which is regularly sought at an international level (missions to strengthen national health systems, involvement in expert studies, etc.). In parallel, since 2011, Santé Diabète has been developing a health and international citizenship education program in France.

OUR APPROACH

Santé Diabète has a unique way of working

- We are the only NGO specialising in the fight against diabetes in Africa
- We manage diabetes in the long term by strengthening local healthcare systems
- We work directly with Ministries, Health Departments and national, regional, and local healthcare structures
- We build a strong civil society by structuring it and we support patient associations
- We promote South-North, South-South, and North-South collaboration
- We apprise the world through international advocacy
- We contribute to the fight against diabetes at a global level by being the only independent NGO recognised by the World Health Organisation (WHO) and a member of its Global Coordination Mechanism on Noncommunicable Diseases (NCD)
- We work with an international network for local solutions
- Our operational structure and management are based in West Africa as close as possible to the field.

SANTÉ DIABÈTE IN 2020

40
employees

200
partners

Awareness-raising in
9,220 students

70,500
people at risk screened

1,840
health professionals trained

25,000
people supported (with type 2 diabetes)

900
treatments for children with type 1 diabetes undertaken

DIABETES

Diabetes is a disease related to pancreatic dysfunction that is characterised by chronic hyperglycemia, namely an excess of sugar in the blood.

There are three main types of diabetes:

Type 1 diabetes, which affects 10% of people with diabetes, mainly children and young adults: the pancreas no longer makes any insulin and must be "artificially compensated" by daily subcutaneous injections of insulin.

Type 2 diabetes, which affects 90% of people with this disease and more particularly sedentary and overweight adults over the age of 45, is linked to the misuse of insulin by the cells of the organism.

Gestational diabetes occurs in pregnant women, with varying degrees of hyperglycemia and increased risks of complications during pregnancy and delivery, and of subsequent development of type 2 diabetes.



THE FIGHT AGAINST DIABETES

A global health emergency

Today diabetes is the 7th leading cause of death in the world, hitting all countries hard, those with high income and those with low income alike. The fight against diabetes has become a real health emergency. The alarming progression of diabetes is directly linked to the evolution of our lifestyles (sedentary, massive urbanisation, production methods and food consumption...) which has a strong impact on human health and on the environment and increases the risks of developing noncommunicable diseases such as diabetes.

DIABETES IN THE WORLD

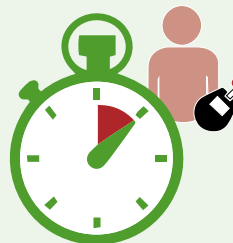
463 million
people with diabetes in 2020



10%
of the global
population

A figure which has increased fourfold in just 30 years and which, according to International Diabetes Federation estimates, could reach 700 million people by 2045.

7th
leading cause of death

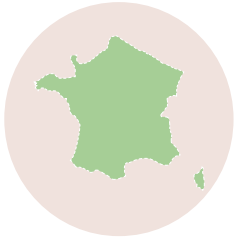


1 person dies from diabetes
every **6** seconds

8 out of 10 people with diabetes live in developing countries



SITUATION OVERVIEW

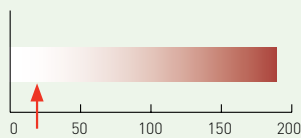


Diabetes today affects 4 million French people, a figure which has increased six-fold in just 30 years. 90% of these have type 2 diabetes and nearly 700,000 diabetics are unaware that they have it. The causes of this increase are directly related to change in lifestyles in developed countries and the combination of both social and environmental

factors: excess weight, obesity, lack of physical activity, sedentary lifestyle. Diabetes also strikes the most socially fragile, with prevalence rates way higher in the most disadvantaged municipalities and which are, for example, doubled in the case of those under 60 years of age covered by the Universal Health Coverage ("CMU").

KEY FIGURES FRANCE

Human Development Index (HDI)
22nd (out of 189 countries)

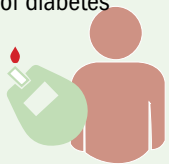


OUR ACTION

The headquarters of Santé Diabète in Grenoble (France) ensures the overall coherence of our general strategy with the various field delegations in Africa, but also in France, where we have been conducting various pilot actions since 2011.

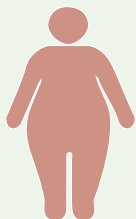
Prevalence of diabetes

5.4%



Overweight

1 in 2 French people



Obesity

15%

Cost of diabetes

19 billion € per year, or **15% of health expenditure**

(9% of health expenditure in Europe)



The headquarters allow us to structure all our missions, at the administrative, HR, technical and financial levels. It also coordinates our national and international advocacy efforts, which aim to influence institutions and public policies to the greatest extent possible to address noncommunicable diseases (NCDs) in the global North as well as in the global South.

In France, the association's interventions have raised the awareness of tens of thousands of people and revolve around three main axes:

- The organisation of conferences, exhibitions, screenings and discussions;
- The implementation of a pilot program to raise awareness on diabetes in the population of Auvergne-Rhône- Alpes and on how to prevent the disease. As well as on increasing the knowledge regarding the situation of diabetes in Africa, notably through school activities that provide a fresh perspective on developments in our lifestyles in the global North and global South and their consequences on our health;

- The sharing of expertise developed, particularly through the adaptation of therapeutic education and prevention tools for the French public (cartoon What is diabetes, board game Nutriquizz, booklet A day with Ami & Bouba etc.).

Since 2018, an initiative to broaden our activities on prevention has made it possible to reach new audiences (unaccompanied foreign minors, young people in vocational high schools, corporate employees, etc.).

The health challenges faced by the developing world are increasingly echoing those existing in Western countries (migration, the health impact of social inequalities etc.). Realities that today make it essential to develop new actions in France and to experiment with new synergies with our programs in Africa.

OUR IMPACT ON FRANCE IN 2018-2019

Camille Mary - Administrative and Financial Director



« In 2018 and 2019, Santé Diabète continued to redesign its activities: creation and adaptation of prevention and awareness tools developed in the South by the NGO, review of methods for interventions in middle school / high school, exploration of a new field of action with a view to setting up activities with migrant populations. Building on the success of the pilot actions carried out, Santé Diabète will strengthen these areas of intervention, in particular prevention actions for unaccompanied foreign minors. Santé Diabète will continue to build a network of local actors to support these various actions carried out in the Alpine region. »

IN 2019, WE HAVE:

- developed **5** innovative prevention tools
- raised awareness amongst more than **1,000** students of the occurring of diabetes
- organized the first actions of prevention targeting **isolated underaged foreigners**
- organized a day at the **National Assembly** on “Non-Communicable Diseases (NCDs) a public health emergency in both North and South”. The organization of this day is a **first**

“I found that students in my classes (made up of isolated underaged mostly from sub-Saharan Africa) had little reference when it came to nutrition and ate the same thing all the time (starch, fast food etc.). So I asked Santé Diabète to set up a project to raise their awareness of the importance of a balanced diet on health. This workshop allowed them to make links in a very practical way between the eating habits of their country of origin and those they have encountered in France, but also to understand what diabetes was and how to prevent it.”

Pascale Trouve, mathematics teacher for allo- phone students in Grenoble (Lycées Mounier and Jean Jaurès), France



Exchange between students from the city of Grenoble (France) and from the municipality of Ouagadougou (Burkina Faso) on the prevention of risk factors for diabetes



Santé Diabète was appointed to represent civil society for the United Nations summit on Universal Health Coverage in New York in September 2019. Santé Diabète was the only representative of French civil society among the 27 representatives worldwide.



New awareness-raising tools for school children: the puzzle of Africa and the cards from the game “A la découverte du continent africain” (Discovering the African continent)”



Stéphane Besançon, CEO of Santé Diabète

“This year has allowed us to strengthen our actions in the field to provide more support to people with diabetes. It has also enabled us to increase our visibility beyond the world of diabetes and has opened up interesting opportunities for us to collaborate with stakeholders in global health, nutrition and the environment. Their mobilisation is, and will increasingly be, essential in the fight against diabetes and in meeting the challenges of this global health emergency.”

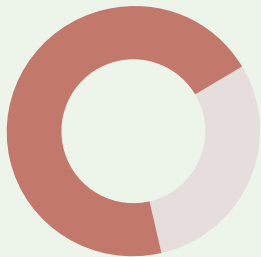
FINANCIAL TRANSPARENCY

98.5% of our funds are used directly in the field

Strict internal and external financial control mechanisms enable Santé Diabète to report at all times on the proper use of the funds entrusted to it: annual external audits carried out by approved international audit firms, certification of the organisation’s accounts by an auditor, external audits of our partners.

Source of revenue

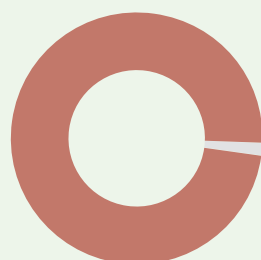
70%
from private funds



30%
from public funds

Use of funds

98,5%
Social missions




1,5%
Operating expenses


SANTÉ DIABÈTE ORGANISED A DAY AT THE NATIONAL ASSEMBLY




This conference entitled “*Non-Communicable Diseases (NCDs): a public health emergency in the north and in the south*” was organized in January 2019 by Santé Diabète in close collaboration with the Members of Parliaments (MPs) Olivier Veran, Hervé Berville and Michèle Crouzet. It was co-chaired by the deputy Olivier Veran and the Global Health Ambassador of France Stéphanie Seydoux. This conference, which brought together more than 250 people and a very large number of French experts, initially aimed to recall the achievements and gaps that remain to be filled in France in the fight against NCDs. Was also alighted the situation faced by many “southern” countries with the explosion of NCDs and discussed the expertise that France could mobilize to support these countries.

OUR AREAS OF EXPERTISE

 Primary prevention

 Strengthening healthcare provision

 Humanitarian diabetes response


 Therapeutic education

 Access to medicines

 Strengthening civil society

 Support for public health policy

 Health and Citizenship Education

 Development of university degree courses

 Advocacy

 Research



SUPPORT US

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