

## WHO ARE WE?

Santé Diabète is a non-governmental organisation founded in 2001 to address the lack of access to medical care for people with diabetes in Africa and development agencies' failure to take this health emergency into account.

Initially present in Mali, Santé Diabète then developed its actions in Burkina Faso, Senegal, the Union of Comoros, and in France (headquarters of the association), with permanent teams in each country today.



## OUR MISSION

**Strengthening and structuring healthcare systems to improve the prevention and management of diabetes**

With a team of 40 people and over 200 local and international partners, Santé Diabète works in the field on a daily basis to save lives by better diabetes prevention and management in order to improve the quality of life of people suffering from this chronic disease. Santé Diabète has developed a unique expertise in diabetes in Africa and in developing countries which is regularly sought at an international level (missions to strengthen national health systems, involvement in expert studies, etc.). In parallel, since 2011, Santé Diabète has been developing a health and international citizenship education program in France.

## OUR APPROACH

**Santé Diabète has a unique way of working**

- We are the only NGO specialising in the fight against diabetes in Africa
- We manage diabetes in the long term by strengthening local healthcare systems
- We work directly with Ministries, Health Departments and national, regional, and local healthcare structures
- We build a strong civil society by structuring it and we support patient associations
- We promote South-North, South-South, and North-South collaboration
- We apprise the world through international advocacy
- We contribute to the fight against diabetes at a global level by being the only independent NGO recognised by the World Health Organisation (WHO) and a member of its Global Coordination Mechanism on Noncommunicable Diseases (NCD)
- We work with an international network for local solutions
- Our operational structure and management are based in West Africa as close as possible to the field.

## SANTÉ DIABÈTE IN 2020

**40**  
employees

**200**  
partners

Awareness-raising in  
**9,220** students

**70,500**  
people at risk screened

**1,840**  
health professionals trained

**25,000**  
people supported (with type 2 diabetes)

**900**  
treatments for children with type 1 diabetes undertaken

## DIABETES

Diabetes is a disease related to pancreatic dysfunction that is characterised by chronic hyperglycemia, namely an excess of sugar in the blood.

There are three main types of diabetes:

**Type 1 diabetes**, which affects 10% of people with diabetes, mainly children and young adults: the pancreas no longer makes any insulin and must be "artificially compensated" by daily subcutaneous injections of insulin.

**Type 2 diabetes**, which affects 90% of people with this disease and more particularly sedentary and overweight adults over the age of 45, is linked to the misuse of insulin by the cells of the organism.

**Gestational diabetes** occurs in pregnant women, with varying degrees of hyperglycemia and increased risks of complications during pregnancy and delivery, and of subsequent development of type 2 diabetes.



## THE FIGHT AGAINST DIABETES

### A global health emergency

Today diabetes is the 7th leading cause of death in the world, hitting all countries hard, those with high income and those with low income alike. The fight against diabetes has become a real health emergency. The alarming progression of diabetes is directly linked to the evolution of our lifestyles (sedentary, massive urbanisation, production methods and food consumption...) which has a strong impact on human health and on the environment and increases the risks of developing noncommunicable diseases such as diabetes.

## DIABETES IN THE WORLD

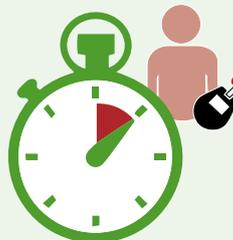
**463 million**  
people with diabetes in 2020



**10%**  
of the global  
population

A figure which has increased fourfold in just 30 years and which, according to International Diabetes Federation estimates, could reach 700 million people by 2045.

**7<sup>th</sup>**  
leading cause of death

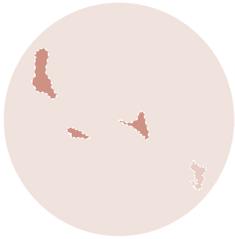


**1** person dies from diabetes  
every **6** seconds

**8 out of 10 people with diabetes** live in developing countries



## SITUATION OVERVIEW

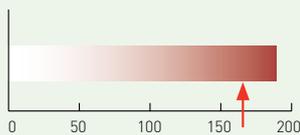


Located in the Indian Ocean, the Union of the Comoros is part of the Small Island Developing States (SIDS) and remains among the poorest countries in the world. Health professional coverage is particularly low, with an average of only 1.90 doctors and 0.23 pharmacists per 10,000 inhabitants and barely 2.60 nurses per

5,000 inhabitants. This low coverage does not yet provide the population with sufficient health services, particularly for Non-communicable diseases (NCD), which have become an epidemiological burden throughout the country, with, for example, diabetes now affecting 12,3% of the population.

## KEY FIGURES COMOROS

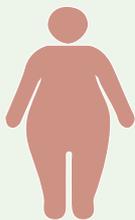
Human Development Index (HDI)  
**165<sup>th</sup>** (out of 189 countries)



Diabetes prevalence  
**12.3%**



Overweight  
**25.9%**



Obesity  
**13.5%**

Adults not engaged in any physical activity  
**61.7%**



*Training workshops for health professionals in the 1st and 2nd reference structures (pairs of doctors and nurses) on the management of diabetes and arterial hypertension (Moroni, October 2018).*

## OUR ACTION

To respond to the challenges related to very high prevalence in the country, Santé Diabète opened a new delegation in the Comoros in 2016. Since then, Santé Diabète teams have been supporting the Comorian authorities to develop a national response that addresses prevention, management, access to treatment, the development of patient associations and the strengthening of national strategies to combat NCDs and especially diabetes.

Programs conducted by Santé Diabète have enabled, for example, to:

- Support the development of strategic frameworks relating to NCD's with the creation of national diabetes training modules;
- The inclusion of all actions supported by Santé Diabète in the annual operational plans of the Ministry of Health;
- The training of 236 health professionals in the management of diabetes in the various structures of the 3 islands (national hospitals, regional hospitals, health centres);
- The provision of equipment for measuring Hba1c (biological reference measure for diabetes) and for screening to the National Hospital and 14 secondary health centres;
- The establishment of a prevention program that has enabled 3,859 people to be tested and specific national tools to be developed;
- The realisation of a program for strengthening the capacity of the three associations of patients with diabetes on the 3 islands.

The challenge for Santé Diabète is to continue the wide-scale training of health professionals and the provision of equipment to health structures so that prevention and management of diabetes is available in all health structures of the 3 islands.

## OUR IMPACT ON COMOROS IN 2018 AND 2019

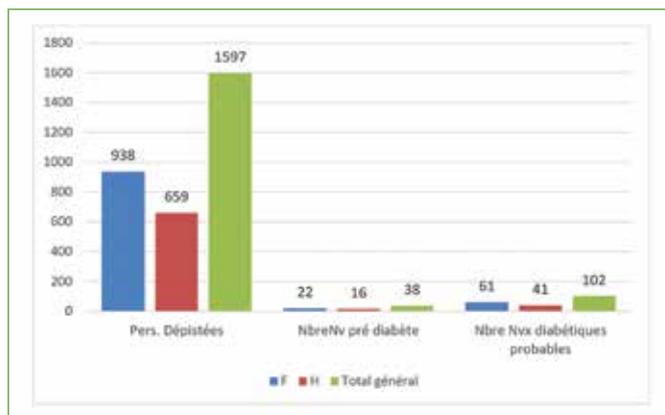
Ahmed Mohamed, Technical Coordinator of Santé Diabète in Union of Comoros



« 2018 and 2019 have been very important years because Santé Diabète has been able to continue, with the Ministry of Health, the training of health professionals practising in the secondary and community structures of the 3 islands of the country. In addition to the support already provided to the Ministry of Health and health professionals, we have begun to provide significant support for diabetes patient organisations. Accordingly, we have formed the 3 main associations on the 3 islands: the Comorian Association for the Fight Against Diabetes (ACLD), NARIENSHI and the House for Diabetics in Mohéli (MDM). This work will facilitate the integration of patients into the care system so that they can play their full role alongside health professionals working in health facilities. Through our actions, our organisation ensures that we do not replace local agents and seeks to build capacity and support the growing autonomy of local partners. »

### IN 2018 AND 2019, WE HAVE:

- Tested **3,859** people
- Trained **72** professionals and **25** laboratory technicians about diabetes
- Strengthened **11** associations of patients with diabetes
- Raised awareness amongst **25,000** people of the risk factors of diabetes through TV spots and community prevention information sessions
- Revised and validated the **new policy** for the fight against **non-communicable diseases** and the strategy for the fight against diabetes



*Distribution of people screened, new probable cases of diabetes and new pre-diabetes by gender in 2019*



*Working session with the heads of the Central Drug Supply Pharmacy of Comoros (Ocopharma, September 2018).*



*Training of Associations of Patients Affected by Diabetes (APAD) organised by Santé Diabète with the support of the NGO Walé in collaboration with the Ministry of Health, Solidarity, Social Protection and Promotion of Gender (Moroni, September 2018).*

**“Thanks to the glycated haemoglobin analysis readers provided by Santé Diabète to the CHRI Fomboni, I can look after my diabetes better and I no longer have to travel to Mayotte or Tanzania to have these tests done.”**

Mariamou Assane, a woman in her fifties, works at Fomboni Hospital as a general supervisor. When the glycated haemoglobin readers were delivered, she thanked the NGO Santé Diabète and the Ministry of Health. In fact, being a diabetic herself, she had to go every year, accompanied by her husband, either to Mayotte or to Dar Es-Salam to have this analysis done, impacting her whole family and at very significant financial cost.



**Stéphane Besançon, CEO of Santé Diabète**

“This year has allowed us to strengthen our actions in the field to provide more support to people with diabetes. It has also enabled us to increase our visibility beyond the world of diabetes and has opened up interesting opportunities for us to collaborate with stakeholders in global health, nutrition and the environment. Their mobilisation is, and will increasingly be, essential in the fight against diabetes and in meeting the challenges of this global health emergency.”

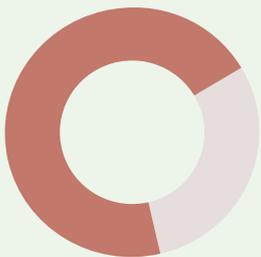
## FINANCIAL TRANSPARENCY

**98.5% of our funds are used directly in the field**

Strict internal and external financial control mechanisms enable Santé Diabète to report at all times on the proper use of the funds entrusted to it: annual external audits carried out by approved international audit firms, certification of the organisation’s accounts by an auditor, external audits of our partners.

### Source of revenue

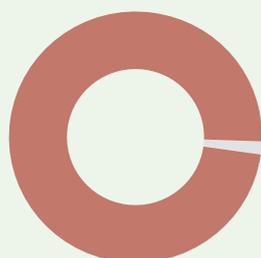
**70%**  
from private funds



**30%**  
from public funds

### Use of funds

**98,5%**  
Social missions



**1,5%**  
Operating expenses

## TESTIMONY



“Towards a strengthened new South-South collaboration between Mali and Comoros”

**Dr. Aboubacar Said Anli,  
Managing Director of Comoros Health**

In November 2018, Santé Diabète organised a study visit to Mali so that we could exchange our experiences with their partners in the fight against diabetes. This study visit allowed us to have a very concrete vision of the actions undertaken and the way in which the national policy for the fight against diabetes is implemented in Mali. Firstly, we had a long discussion with the General Secretary of the Ministry of Health and the head of NCDs to analyse their strategic positioning, the implementation of their program for combating NCDs and diabetes, and how the Ministry coordinates this response with everyone involved (NGOs, patient associations, clinicians, etc.). We then went into the field to see the teams and the many actions carried out by Santé Diabète, the Ministry of Health and patient associations. At the end of this very constructive first visit, we will establish, with the support of Santé Diabète, a strengthened South-South collaboration between Mali and Comoros.



*Meeting between the delegation of Comoros and the General Secretary of the Ministry of Health of Mali, November 2018.*

OUR AREAS OF EXPERTISE

-  Primary prevention
-  Strengthening healthcare provision
-  Humanitarian diabetes response
-  Therapeutic education
-  Access to medicines
-  Strengthening civil society
-  Support for public health policy
-  Health and Citizenship Education
-  Development of university degree courses
-  Advocacy
-  Research



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OUR TECHNICAL AND FINANCIAL PARTNERS



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