WHO ARE WE?

Santé Diabète is a non-governmental organisation founded in 2001 to address the lack of access to medical treatment for people with diabetes in Africa and development agencies’ failure to take this health emergency into account.

Initially present in Mali, Santé Diabète then developed its actions in Burkina Faso, Senegal, the Union of Comoros, and in France (headquarters of the association), with permanent teams in each country today.

OUR MISSION

Strengthening and structuring healthcare systems to improve the prevention and management of diabetes

With a team of 30 people and over 200 local and international partners, Santé Diabète works in the field on a daily basis to save lives by better diabetes prevention and management in order to improve the quality of life of people suffering from this chronic disease. Santé Diabète has developed a unique expertise in diabetes in Africa and in developing countries, which is regularly sought at an international level (missions to strengthen national health systems, involvement in expert studies, etc.). In parallel, since 2011, Santé Diabète has been developing a health and international citizenship education program in France.

OUR APPROACH

Santé Diabète has a unique way of working

- We are the only NGO specialising in the fight against diabetes in Africa
- We manage diabetes in the long term by strengthening local healthcare systems
- We work directly with Ministries, Health Departments and national, regional, and local healthcare structures
- We build a strong civil society by structuring it and we support patient associations
- We promote South-North, South-South, and North-South collaboration
- We apprise the world through international advocacy
- We contribute to the fight against diabetes at a global level by being the only independent NGO recognised by the World Health Organisation (WHO) and a member of its Global Coordination Mechanism on Noncommunicable Diseases (NCD)
- We work with an international network for local solutions
- Our operational structure and management are based in West Africa as close as possible to the field.

SANTÉ DIABÈTE IN 2018

<table>
<thead>
<tr>
<th>30 employees</th>
<th>2,618 students</th>
</tr>
</thead>
<tbody>
<tr>
<td>200 partners</td>
<td>27,142 people at risk screened</td>
</tr>
<tr>
<td>1,035 health professionals trained</td>
<td>729 treatments for children with type 1 diabetes undertaken</td>
</tr>
</tbody>
</table>
DIABETES

Diabetes is a disease related to pancreatic dysfunction that is characterised by chronic hyperglycemia, namely an excess of sugar in the blood.

There are three main types of diabetes:

Type 1 diabetes, which affects 10% of people with diabetes, mainly children and young adults: the pancreas no longer makes any insulin and must be “artificially compensated” by daily subcutaneous injections of insulin.

Type 2 diabetes, which affects 90% of people with this disease and more particularly sedentary and overweight adults over the age of 45, is linked to the misuse of insulin by the cells of the organism.

Gestational diabetes occurs in pregnant women, with varying degrees of hyperglycemia and increased risks of complications during pregnancy and delivery, and of subsequent development of type 2 diabetes.

THE FIGHT AGAINST DIABETES

A global health emergency

Today the 7th leading cause of death in the world, the fight against diabetes - a disease that is now hitting all countries hard, those with high income and those with low income alike - has become a real health emergency. The alarming progression of diabetes is directly linked to the evolution of our lifestyles (sedentary lifestyles, massive urbanisation, production methods and food consumption...) which has a strong impact on human health and the environment and increases the risks of developing noncommunicable diseases such as diabetes.

DIABETES IN THE WORLD

425 million diabetics in 2017

6% of the global population

A figure which has increased fourfold in just 30 years and which, according to International Diabetes Federation estimates, could reach 628 million people by 2045.

7th leading cause of death

1 person dies from diabetes every 6 seconds

8 out of 10 diabetics live in developing countries
SITUATION OVERVIEW

Diabetes today affects 4 million French people, a figure which has increased six-fold in just 30 years. 90% of these have type 2 diabetes and nearly 700,000 diabetics are unaware that they have it. The causes of this increase are directly related to change in lifestyles in developed countries and the combination of both social and environmental factors: excess weight, obesity, lack of physical activity, sedentary lifestyle. Diabetes also strikes the most socially fragile, with prevalence rates way higher in the most disadvantaged municipalities and which are, for example, doubled in the case of those under 60 years of age covered by the Universal Health Coverage ("CMU").

KEY FIGURES

FRANCE

Human Development Index (HDI)
22nd (out of 189 countries)

Prevalence of diabetes
5.4%

Overweight
1 in 2 French people

Obesity
15%

Cost of diabetes
19 billion € per year, or 15% of health expenditure
(9% of health expenditure in Europe)

OUR ACTION

The headquarters of Santé Diabète in Grenoble ensures the overall coherence of our general strategy with the various field delegations in Africa, but also in France, where we have been conducting various pilot actions since 2011.

The headquarters allow us to structure all our missions, at the administrative, HR, technical and financial levels. It also coordinates our national and international advocacy efforts, which aim to influence institutions and public policies to the greatest extent possible to address noncommunicable diseases (NCDs) in the North as well as in the South.

In France, the association’s interventions have raised the awareness of tens of thousands of people and revolve around three main axes:

- The organisation of conferences, exhibitions, screenings and discussions;
- The pilot program to raise awareness in the population of Auvergne-Rhône-Alpes of diabetes and how to prevent it, and of better knowledge regarding the problems of this disease in Africa, notably through school activities that provide a fresh perspective on developments in our lifestyles in the North and South and their consequences on our health;
- The sharing of expertise developed in the South, particularly through the adaptation of therapeutic education and prevention tools for the French public (cartoon What is diabetes, board game Nutriquizz, booklet A day with Ami & Bouba etc.).

Since 2018, an initiative to broaden our preventative actions has made it possible to reach new audiences (unaccompanied foreign minors, young people in vocational high schools, corporate employees, etc.).

The health challenges faced by the developing world are increasingly echoing those existing in the West (migration, the health impact of social inequalities etc.). Realities that today make it essential to develop new actions in France and to trial new synergies with our programs in Africa.
OUR IMPACT ON FRANCE IN 2017-2018

Sophie Wackernie - Project Manager of Santé Diabète "Health and Citizenship Education" in France

“In 2018, Santé Diabète continued the work of consolidating its activities initiated in 2017: creating and adapting prevention and awareness-raising tools developed in the South by the NGO, revising methods for interventions in high schools, exploring a new field of action with a view to implementing activities with migrant populations. On the strength of the success of the pilot actions carried out in partnership with various organisations, an additional diagnosis is underway in order to evaluate more precisely Santé Diabète’s changing needs and support. The conclusions of this study will enable us to structure our strategy with the objective of deploying our interventions in France on a larger scale from 2020.”

IN 2017 AND 2018, WE HAVE:

• developed 5 innovative prevention tools
• raised awareness amongst more than 850 students of the rise in diabetes
• organised the 1st International Francophone Conference for the fight against diabetes in Africa
• published a forum in the newspaper Le Monde relayed by more than 700 organisations and individuals

The International Francophone Conference for the fight against diabetes in Africa organized by Santé Diabète brought together:

• 50 participants
• The mayor of Grenoble, the vice-president of the Auvergne-Rhône-Alpes region and the deputy of Isère
• The Chair of the National Ethics Advisory Committee
• The former vice-president of the Republic of Comoros
• 8 representatives of the Ministry of Europe and Foreign Affairs, the Agence Française de Développement and Expertise France
• 13 representatives of patient associations and civil society
• 24 academics and hospital professionals representing institutions in Geneva, Montreal, Grenoble, Paris, Bamako, Ouagadougou, Conakry etc.
• 10 articles were published following this conference.

“I found that students in my classes (made up of unaccompanied minors mostly from sub-Saharan Africa) had little reference when it came to nutrition and ate the same thing all the time (starch, fast food etc.). So I asked Santé Diabète to set up a project to raise their awareness of the importance of a balanced diet on health. This workshop allowed them to make links in a very practical way between the eating habits of their country of origin and those they have encountered in France, but also to understand what diabetes was and how to prevent it.”

Pascale Trouve, mathematics teacher for allophone students in Grenoble (Lycées Mounier and Jean Jaurès)
Our Action in France

Testimony

“Francophone perspectives in global health: a beautiful testament to collective intelligence”

Dr Taraneh Shojaei, Head of the Global Health Policy Unit, Ministry of Europe and Foreign Affairs

“This conference (see photo caption below) reflects the collective desire for decompartmentalization and shared vision on issues of noncommunicable diseases [NCDs] in the French-speaking world and more generally those of global health. By relying on high-level experts and providing concrete evidence, this highly interactive and operational conference was a great testament to collective intelligence in an area that is still under-invested in global health. The speakers’ approach was perfectly in line with France’s approach to global health [France’s Global Health Strategy 2017-2021], namely multi-sectorial and multi-disciplinary, focusing on strengthening health systems while fighting against diseases.”

Stéphane Besançon, CEO of Santé Diabète

“This year has allowed us greatly to strengthen our actions in the field to provide more support to people with diabetes. It has also enabled us to increase our visibility beyond the world of diabetes and has opened up interesting opportunities for us to collaborate with stakeholders in global health, nutrition and the environment. Their mobilisation is, and will increasingly be, essential in the fight against diabetes and in meeting the challenges of this global health emergency.”

Financial Transparency

98.5% of our funds are used directly in the field

Strict internal and external financial control mechanisms enable Santé Diabète to report at all times on the proper use of the funds entrusted to it: annual external audits carried out by approved international audit firms, certification of the organisation’s accounts by an auditor, external audits of our partners.

Source of revenue

70%
Public funds

30%
Foundations

Use of funds

98.5%
Social missions

1.5%
Operating expenses

OUR AREAS OF EXPERTISE

- Primary prevention
- Strengthening healthcare provision
- Humanitarian diabetes response
- Therapeutic education
- Access to medicines
- Strengthening civil society
- Support for public health policy
- Health and Citizenship Education
- Development of university degree courses
- Advocacy
- Research

SUPPORT US

www.santediabete.org

ONG Santé Diabète

Linkedin NGO Santé Diabète

CONTACT US

Headquarters
5 rue Federico Garcia Lorca
38100 Grenoble
Tel.: (+33) 6 24 51 82 69
Landline: (+33) 9 72 64 71 48
Fax: (+33) 4 26 00 73 66
Email: contact@santediabete.org

OUR TECHNICAL AND FINANCIAL PARTNERS

Photographs: © Olivier Hébrard /© Gil Corre / Graphic design and layout: © Sandra Derichs