WHO ARE WE?

Santé Diabète is a non-governmental organisation founded in 2001 to address the lack of access to medical treatment for people with diabetes in Africa and development agencies’ failure to take this health emergency into account.

Initially present in Mali, Santé Diabète then developed its actions in Burkina Faso, Senegal, the Union of Comoros, and in France (headquarters of the association), with permanent teams in each country today.

OUR MISSION

Strengthening and structuring healthcare systems to improve the prevention and management of diabetes

With a team of 30 people and over 200 local and international partners, Santé Diabète works in the field on a daily basis to save lives by better diabetes prevention and management in order to improve the quality of life of people suffering from this chronic disease. Santé Diabète has developed a unique expertise in diabetes in Africa and in developing countries which is regularly sought at an international level (missions to strengthen national health systems, involvement in expert studies, etc.). In parallel, since 2011, Santé Diabète has been developing a health and international citizenship education program in France.

OUR APPROACH

Santé Diabète has a unique way of working

- We are the only NGO specialising in the fight against diabetes in Africa
- We manage diabetes in the long term by strengthening local healthcare systems
- We work directly with Ministries, Health Departments and national, regional, and local healthcare structures
- We build a strong civil society by structuring it and we support patient associations
- We promote South-North, South-South, and North-South collaboration
- We apprise the world through international advocacy
- We contribute to the fight against diabetes at a global level by being the only independent NGO recognised by the World Health Organisation (WHO) and a member of its Global Coordination Mechanism on Noncommunicable Diseases (NCD)
- We work with an international network for local solutions
- Our operational structure and management are based in West Africa as close as possible to the field.

SANTÉ DIABÈTE IN 2018

30 employees

200 partners

Awareness-raising in 2,618 students

27,142 people at risk screened

1,035 health professionals trained

729 treatments for children with type 1 diabetes undertaken
DIABETES

Diabetes is a disease related to pancreatic dysfunction that is characterised by chronic hyperglycemia, namely an excess of sugar in the blood.

There are three main types of diabetes:

Type 1 diabetes, which affects 10% of people with diabetes, mainly children and young adults: the pancreas no longer makes any insulin and must be “artificially compensated” by daily subcutaneous injections of insulin.

Type 2 diabetes, which affects 90% of people with this disease and more particularly sedentary and overweight adults over the age of 45, is linked to the misuse of insulin by the cells of the organism.

Gestational diabetes occurs in pregnant women, with varying degrees of hyperglycemia and increased risks of complications during pregnancy and delivery, and of subsequent development of type 2 diabetes.

THE FIGHT AGAINST DIABETES

A global health emergency

Today the 7th leading cause of death in the world, the fight against diabetes - a disease that is now hitting all countries hard, those with high income and those with low income alike - has become a real health emergency. The alarming progression of diabetes is directly linked to the evolution of our lifestyles (sedentary lifestyles, massive urbanisation, production methods and food consumption...) which has a strong impact on human health and the environment and increases the risks of developing noncommunicable diseases such as diabetes.

DIABETES IN THE WORLD

425 million diabetics in 2017

6% of the global population

7th leading cause of death

1 person dies from diabetes every 6 seconds

8 out of 10 diabetics live in developing countries

A figure which has increased fourfold in just 30 years and which, according to International Diabetes Federation estimates, could reach 628 million people by 2045.
OUR ACTION IN MALI

Mali, one of the poorest countries on the planet, also has one of the lowest numbers of health professionals in the world with an average of only 0.7 doctors and 2 nurses per 10,000 inhabitants. This shortage significantly limits the country’s ability to provide its population with adequate, effective and equitable health services. The epidemiological transition imposes a burden of infectious diseases that remains high with, in addition, the explosion of noncommunicable diseases (NCD) such as diabetes, which today affects more than 2 million Malians.

SITUATION OVERVIEW

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KEY FIGURES MALI

Human Development Index (HDI)

182nd (out of 189 countries)

Diabetes prevalence

9.3%

Overweight

22%

Obesity

5.7%

56% of households with diabetics spend more than 40% of their income on healthcare expenses.

OUR ACTION

In view of this, Santé Diabète has for more than 15 years, structured a genuine national response in Mali that addresses prevention, care, access to treatment and the strengthening of patient associations.

The programs we have been running for more than 15 years in Mali have made possible, for example:

- The opening of 30 diabetes clinics across the country supporting more than 15,000 patients in state facilities. Patients who, for the most part, previously had no access to care nor possible follow-up of their disease.
- The creation of the first university degrees specialising in diabetes (70 health professionals specialised in endocrinology and diabetology since 2011).
- A sharp decrease in the cost of treatment (48% reduction in the cost of a bottle of insulin and one month of treatment with oral antidiabetic agents reduced to one tenth of the cost).
- The emergence of the Fédération des Diabétiques du Mali («Diabetes Federation of Mali»), which brings together 30 patient associations and today has more than 3,000 members and 20 «expert patients» with whom we collaborate closely (preventative missions, therapeutic education sessions etc.).
- The implementation of important prevention and screening actions to raise as much awareness as possible about risk factors (national events such as World Diabetes Day, production and dissemination of educational tools etc.) and screening new patients.
- The complete revision of the national diabetes plan with the Malian government.

The challenge for the coming years is therefore to train even more specialists and general practitioners so as to keep up with the number of diabetic patients, while further consolidating the role of patient associations in preventative and therapeutic education actions.

Santé Diabète is also taking action to enable the state to play an increasingly strong role in the prevention and management of diabetes, notably by including this disease in the universal health insurance plan that should be put in place in Mali in 2019.
OUR ACTION IN MALI

OUR IMPACT ON MALI IN 2018

Dr Drago, Project Manager of Santé Diabète “Supply of Health Services” in Mali

“2018 was a particularly important year for building the skills of health professionals. For example, we have extended continuing medical training to allow the opening of new diabetes clinics while further developing diploma courses in order to increase the number of specialists in endocrinology and diabetology, in addition to the training of doctor-nurse referral pairs or of our companionship campaigns. Pilot action is continuing to train health professionals to integrate the management of co-pathologies (diabetes-HIV and diabetes-tuberculosis).”

EN 2018, NOUS AVONS:

- screened 23,081 people presenting with risk factors
- trained 797 diabetes health professionals
- provided free treatment for 729 diabetic children
- raised the awareness of 813 students of the risks of diabetes and how to prevent it

+ 24.5% increase in the care of diabetic children in the country’s 19 centres

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<th>Active file end of 2018</th>
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<td>691</td>
</tr>
<tr>
<td>Increase of active file (%)</td>
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<td>24.5%</td>
</tr>
</tbody>
</table>

“Ten years ago, there were fewer than 15 children with type 1 diabetes living in Mali, with life expectancy not exceeding an average of 1 year after diagnosis. Thanks to the excellent work of Santé Diabète in partnership with Life for a Child, the situation has improved considerably with more than 650 young diabetics now living with type 1 diabetes in the country.”

Dr Graham Ogle, Director of the Life for a Child program, International Diabetes Federation

New educational tools for young diabetics have been developed to meet their needs as closely as possible and have been integrated into our various educational actions.

Continuing medical training has made it possible to continue to strengthen the skills of health professionals across the country.

University training - set up by the Ministry of Higher Education and Research, the Mali Hospital and the NGO Santé Diabète - has made it possible for 16 endocrinologists to be trained, 14 of whom are already working in different health facilities in Mali in 2018.
"This year has allowed us greatly to strengthen our actions in the field to provide more support to people with diabetes. It has also enabled us to increase our visibility beyond the world of diabetes and has opened up interesting opportunities for us to collaborate with stakeholders in global health, nutrition and the environment. Their mobilisation is, and will increasingly be, essential in the fight against diabetes and in meeting the challenges of this global health emergency."

Stéphane Besançon, CEO of Santé Diabète

FINANCIAL TRANSPARENCY

98.5% of our funds are used directly in the field

Strict internal and external financial control mechanisms enable Santé Diabète to report at all times on the proper use of the funds entrusted to it: annual external audits carried out by approved international audit firms, certification of the organisation’s accounts by an auditor, external audits of our partners.

TESTIMONY

"Thanks to Santé Diabète, I can live today with my diabetes"

Rokia Sanogo, 17, living in a remote village in Mali

"Thanks to the programmes of the NGO Santé Diabète, I now have access to clinics with specialised doctors at the hospital in Sikasso and I receive completely free treatment for my diabetes (insulin doses, blood glucose strips). Having no electricity or fridge at home, storing my insulin - which must absolutely be kept cool - was a big problem for me. During the educational sessions, the doctors taught me to keep insulin in a plastic pouch placed in fresh soil and this works very well. I can finally live with my diabetes!"

Source of revenue

70%
Public funds

30%
Foundations

Use of funds

98,5%
Social missions

1,5%
Operating expenses

Organised by Santé Diabète, the 1st edition of the international conference "Francophone perspectives in global health: synergies in the fight against diabetes and noncommunicable diseases in Africa", brought together 50 international experts (researchers, scientists, civil society and community experts etc.) on 19 and 20 December 2017 in Grenoble.
OUR AREAS OF EXPERTISE

- Primary prevention
- Strengthening healthcare provision
- Humanitarian diabetes response
- Therapeutic education
- Access to medicines
- Strengthening civil society
- Support for public health policy
- Health and Citizenship Education
- Development of university degree courses
- Advocacy
- Research

OUR ACTION IN MALI

SUPPORT US

www.santediabete.org

ONG Santé Diabète

Linkedin NGO Santé Diabète

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OUR TECHNICAL AND FINANCIAL PARTNERS

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